



I ♥ MY PANTHER BENEFITS

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Benefits Updates | September 16, 2024

FIU 403(b) Voluntary Retirement Savings Plan | Quiet Period Begins

The Division of Human Resources has [announced upcoming changes](#) to the FIU 403(b) Voluntary Retirement Savings Plan. Eight current plan providers will be discontinued. Participants with *discontinued providers* must [select a new provider](#) –TIAA, Voya, or Fidelity– by **Tuesday, September 10, 2024 at 4 p.m.** If no selection is made by September 10, 2024, your contributions from the October 4, 2024 payroll onward will be automatically directed to [TIAA](#) as the default provider.

A "Quiet Period" will be in effect from **Wednesday, September 11, to Tuesday, October 1, 2024**. During this time, you *will not be able to enroll in a plan, change your contribution rate, or switch providers*. However, you can still access your account, view balances, update beneficiaries, and make transfers or withdrawals.

Please note that these communicated changes apply only to the [FIU 403\(b\) Voluntary Savings Plans](#) and **do not affect** the [State Retirement Plans \(FRS/SUSORP\)](#) or the [457\(b\) Deferred Compensation Plans](#).

Discover How to Get Paid to Save on Medical Care

As a participant in the State Group Insurance health plan, you and your dependents are **automatically eligible** to join the **Shared Savings Program** at no additional cost. By making smart healthcare choices, you can earn rewards effortlessly. It's simple to shop for eligible high-quality, low-cost medical care in your area and [start earning rewards](#). Learn more about how you can [begin saving today!](#)

Safety Information | Protect Yourself from Mosquito Bites

Check out [important information](#) on mosquitoes and how to protect yourself and your loved ones from mosquito's bites and the diseases they may carry. Learn about [mosquito risk and prevention tips](#).

Wellness Bite Webinar | Caring for Others

Join us on **Wednesday, September 11, 2024, at 12 p.m.** for our [Wellness Bite Webinar](#), featuring a special discussion on recognizing and preventing burnout in caregivers. Our guest expert from Baptist Health will share strategies to help caregivers prioritize their own well-being, even when it feels challenging. Don't miss this opportunity to learn valuable tips and ask your questions. Explore our [upcoming events](#).

Questions? Contact Benefits Administration at benefits@fiu.edu.