



I ♥ MY PANTHER BENEFITS

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Benefits Updates | May 6, 2024

Telehealth Services via Teladoc

Telehealth services encompass remote healthcare provisions facilitated by telecommunication technology, offering assessment, diagnosis, treatment, and professional health-related education. Covered for primary care and specialty appointments, these services are available through your [State Health Plans](#) in collaboration with **Teladoc**, extending benefits on a 24/7 basis to plan members and their covered dependents.

For more information, please refer to the [2024 Benefits Guide](#) (p. 30) and be on the lookout for **Teladoc ID cards** and communications from your [State Health Plan Insurance Carrier](#).

Wellness Bite Webinar | Mindful Musings through Art & Creativity

Join us for our upcoming [Wellness bite webinar with Baptist Health](#), taking place on **Wednesday, May 29, 2024, at 12:00pm**. This will be an interactive session where we will explore mindfulness through art. Have your pens, colors, and papers ready to get creative together! Check out our [upcoming events](#).

New Online Distribution Process for SUSORP Members

SUSORP members can conveniently initiate a distribution from their [SUSORP account](#) online. To begin, SUSORP members must establish an account through **FRS Online Services** at <https://frs.fl.gov>. Once logged in, navigate to the "Retirement Distribution" option in the menu to seamlessly complete the retirement distribution process. FIU Benefits Administration will report the separation date to the Division of Retirement.

It's important to note that [termination requirements and reemployment restrictions](#) apply. For further guidance, retirees may reach out to the Division of Retirement, Optional Retirement Program section at 850-778-4696 or toll-free at 877-378-7677, or via email at orpdata@dms.fl.gov.

Important update regarding Freedom Fund Series Changes | Fidelity® FIU 403b Voluntary Plan

Fidelity announced the merger of its 2005 vintage across all Fidelity Freedom® target date fund series into corresponding Income strategies. This merger will be facilitated through a Global Fund Action ("GFA"). Beginning June 7, 2024, Fidelity will start reallocating any remaining amounts in the 2005 fund to the corresponding Income fund. The timing of the GFA may vary but is expected to conclude by the end of June 2024.

Fidelity will only notify participants with a balance in the 2005 Fund of this change prior to the fund action date. You may review the following materials detailing the change for impacted participants:

- [2005 Merger Participant Sample Notice](#)
- [Q&A: Merging of Fidelity Freedom® 2005 Vintage](#)

No action is required from participants to be included in the Fidelity Freedom 2005 Global Fund Action (GFA). For any additional questions related to this fund action and communications you may receive, please contact the **Fidelity Customer Service Team at 800-343-0860**.

Questions? Contact Benefits Administration at benefits@fiu.edu.