

St. Philip's Episcopal Church & School

**2020-2021 Health Policies Handbook
for Families**

This handbook is intended to be used as a resource by the St. Philip's community regarding the updated 2020-2021 school-year health policies. These are unprecedented times, and all students, families, faculty, and staff have had to make shifts and become more flexible due to the COVID-19 pandemic. All health policies reflect current best practice and have been created based on guidelines from the Centers for Disease Control and Prevention (CDC), the Florida Department of Health (FDOH), and the American Academy of Pediatrics (AAP) in conjunction with recommendations from the National Association of School Nurses, and the St. Philip's Medical Task Force. These guidelines have been carefully considered to address and promote the safety, health, and welfare of our community.

**As the COVID-19 pandemic continues to evolve, decisions and policies may change throughout the school year to reflect updated best practice measures. These changes will be communicated accordingly.*

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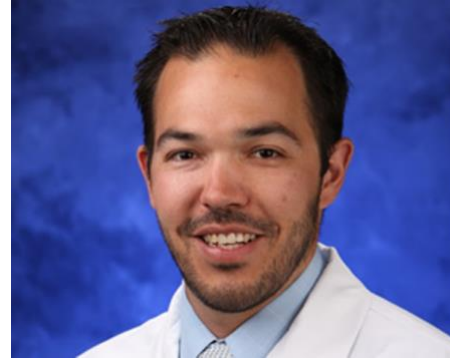
Medical Task Force Members



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Dr. Pereda



Dr. Portela



Dr. Stoudt

With many COVID-19 related medical questions continuing to arise, we have created a medical task force to help guide us through these unprecedented times. With the assistance of Dr. Lorraine Ospina-Herrera, Dr. Juan Carlos Pereda, Dr. R. Antonio Portela, and Dr. Drew Stoudt, the School has combined many years of medical knowledge and expertise that have helped guide our re-entry policies.

Routine Health & Safety Procedures

Return-to-school Screenings:

In an effort to minimize illness, we ask that all families check on the health of each student daily beginning 14 days prior to the start of on-campus learning. Please indicate on the screening form if your child has had any of the indicated symptoms prior to school and record a temperature daily. If any fever and/or symptoms are present during the 14-day period, please have your child evaluated by their pediatrician for medical clearance, and include that clearance with the screening form. All forms will be required prior to the first day of on-site learning (specific due date will be communicated accordingly). The screening form will be accessible and should be submitted via your child's Magnus Health account.

Daily Health Screenings:

During the new drop-off procedures, all students will be required to have a daily symptom screening submitted via the Magnus Mobile App. Upon completion of the screening, a "GO" or "STOP" message will appear. All "GO" results are cleared to attend school. If a "STOP" message appears, your child may not be on campus. Please refer to our **Sick Day Guidelines** found on pages 7-10 for specifics on our updated illness protocols.

Staff members will also be required to abide by daily health screenings prior to entry to campus. These will be completed individually using the HealthCheck mobile screening application.

Face Coverings:

All students, faculty, and staff will be required to wear face masks/face coverings throughout the school day. Reusable cloth face masks will be provided to each student. It will be the responsibility of each family to ensure face masks are washed at home. Acceptable face coverings include school-issued burgundy reusable face masks, double layer fabric face masks in school colors (burgundy, white or green), and medical/surgical face masks. Face masks with logos or pictures will not be permitted, except on designated days. All face coverings must cover both the mouth and nose. While education will be provided to students on proper face mask use, families are expected to reinforce these guidelines at home and are encouraged to begin educating their children prior to the start of school. More information on proper face mask use can be found on the [CDC website](#).

Hygiene Procedures:

Hand hygiene, along with face coverings, social distancing, and adherence to our illness policies, will be an integral part of maintaining a healthy school environment. Additional portable hand washing stations will be present on campus along with additional hand sanitizing stations. Frequent hand washing will be enforced throughout the school day, including but not limited to:

- Arrival to school
- After using the restroom
- After PE and playground activities
- Prior to snack and lunchtimes
- At dismissal time prior to going home

Travel Guidelines

Updated Sept. 12, 2020

The CDC continues to emphasize that travel increases the risk of getting and spreading COVID-19, and recommends that all travelers be especially vigilant in observing COVID-19 safety guidelines during the 14 days following return from travel. **However, students will not be required to self-quarantine for 14 days after they or a member of their household return from travel.**

For further information, please visit the [CDC website](#).

Sick-Day Guidelines

All families are required to report any and all illness symptoms to the school nurse for proper tracking of school illness trends. If the nurse is unavailable, please report symptoms to the main office where the call will be documented and communicated to the nurse upon return to the clinic.

Symptoms Requiring Absence from School:

- Fever (100 degrees Fahrenheit or higher), chills, body aches
- Persistent symptoms of upper respiratory illness/infection (no matter how mild)
 - o Cough
 - o Sneezing
 - o Nasal congestion, runny nose
 - o Mild fever
 - o Discomfort/pain in the nasal passages
 - o Scratchy or sore throat
 - o Headache
- Nausea, vomiting, diarrhea
- Bacterial illnesses during the first 24 hours of various antibiotic treatments
- Undiagnosed, new, and/or untreated rash or skin condition with one of the following:
 - o Additional illness symptoms
 - o Generalized hives
 - o Wound with purulent drainage (thick “milky” drainage that is tan, yellow, green or brown and likely indicates infection)
 - o Unable to leave the rash/skin condition alone to focus on learning

***COVID-19 symptoms (see COVID-19 Self-care Guidance flowsheet on Page 10 for a full list of symptoms)**

- If presenting with COVID-19 symptoms, the student must follow up with a medical provider and present with a clearance note prior to returning to school.
- **Only PCR tests will be accepted by the School when testing for COVID-19.**

All siblings are required to stay home if a family member/close contact is awaiting test results or is a confirmed positive for COVID-19.

If a student presents with COVID-19 symptoms during the school day (one major or 2 or more minor symptoms), all siblings go home until a negative test result or alternative diagnosis is provided by the clearing physician.

Procedures for early dismissals due to illness or injury:

If a student needs to be sent home due to illness or injury, the school nurse will call the parent or guardian listed in the child's Magnus Health account. Students being sent home due to illness must be picked up by their parent or legal guardian within 30 minutes following a call from the school nurse.

All pick-ups due to illness or injury will occur from the front entrance of 1140 Coral Way (new location of the school clinic).

When to Return to School:

For illnesses that are NOT COVID-19 or presumed COVID-19 (*during COVID-19 pandemic and until further notice*):

During the first month after school re-opens **and/or until further notice:**

Persistent cough and/or congestion	48 hours symptom-free without the use of medications
Vomiting or Diarrhea	
Fever	
After 24 hours on antibiotics for a variety of bacterial causes	
Doctor's note of clearance for various student-specific medical conditions	

After the first month of re-opening (provided no temporary closures take place during this time and community spread is trending downward):

Persistent cough and/or congestion	24 hours symptom-free without the use of medications
Vomiting or Diarrhea	
Fever	
After 24 hours on antibiotics for a variety of bacterial causes	
Doctor's note of clearance for various student-specific medical conditions	

**For more details on specific illnesses and return-to-school guidelines when COVID-19 pandemic guidelines are no longer in place, please refer to our Illness Protocol from previous years on the following page. It can also be found in the School's Family Handbook.*

If your child or household member is in the process of testing for COVID-19, whether it be due to illness, exposure, or curiosity, the student(s) must quarantine at home until the test results come back.

If testing is due to COVID-19 symptoms or exposure, please refer to pages 10 & 11 for further guidance on return to school policies.

No student should be on campus following a known exposure or presumed exposure.

Illness	What to do?
Difficulty breathing, medication that may cause drowsiness or breathing difficulty or other signs of serious illness	Keep child home. Consult with your child's physician. <i>Any child who receives Emergency Medication at school (diastat, epinephrine or glucagon) will have 911 called.</i>
Chickenpox	Keep child home until they have no new sores for 24 hours AND all sores are dried and crusted. **During an outbreak of chickenpox, children who are <u>NOT</u> vaccinated for chickenpox (Varicella) and have been in close contact with someone sick with the infection will not be allowed at school for 21 days after they were last exposed to chickenpox, even if they are not sick.
Diarrhea that cannot be controlled and/or has blood/mucus in it or with a fever	Keep child home until 24 hours symptom-free.
Fever with oral temperature of 100.4° or higher (axillary temperature of 100° or higher) and not feeling well enough to participate in class	Keep child home until fever-free for 24 hours <u>without</u> using fever-reducing medicine such as Motrin or Tylenol
Flu or Flu-like symptoms with fever, chills, cough, sore throat, runny nose, muscle pain, tiredness; may also have vomiting and diarrhea	Keep child home until 24 hours symptom-free, without the use of medication.
Hand, Foot & Mouth Disease (Coxsackievirus)	Keep child home until fever-free for at least 24 hours <u>and without</u> any new or open blisters present. All blisters must be dried up.
Head lice	Keep child home until treated and all live lice are gone.
Illness that prevents the child from taking part in class activities easily	Child may return to school when able to take part in activities.
Impetigo	Keep child home until 24 hours after antibiotics have been started.
MRSA/Abscess/Staph Infection	Keep child home if sore is draining and cannot be covered with a clean, dry bandage. Keep child home if they cannot keep from picking at sore.
Molluscum	If discovered at school, child may stay until the end of the day if it can be covered. Child may attend school as long as affected area remains covered with clothing or light bandage.
Rash with fever or behavior change	Keep child home until seen by a doctor and treated if needed.
Strep throat	Keep child home until 24 hours after antibiotics have been started.
Pink eye with white or yellow discharge or eye pain	Keep child home until seen by a doctor and 24 hours after 1 st dose of medicine, if prescribed.
Pinworm	Keep child home until seen by doctor and after receiving first dose of treatment.
Ringworm	If ringworm is first found at school, child may stay until end of the day if it can be covered. Child may not return until treatment has been started. Area must remain covered until completely healed.
Scabies	Child must stay home until after treatment is complete.
Vomiting 2 or more times within 24 hours	Keep child home until able to tolerate regular diet.

ST. PHILIP'S EPISCOPAL SCHOOL COVID-19 SELF-CARE GUIDANCE

This flowsheet applies to students/staff and all members of the household

Positive COVID-19 test with **NO** symptoms for anyone in the household

1. Follow medical advice
2. Self-isolate
3. Monitor for COVID-19 symptoms
4. Notify School Nurse

Continue with no symptoms

Able to be on campus when:

1. At least 10 days have passed after test is performed **AND**
2. A physician release to return to school

*** If you are tested:** Two negative test results in a row, at least 24 hours apart

* Potential COVID-19 Symptoms:

Fever	Fatigue
Cough	Headache
Shortness of Breath	Muscle/Body aches
Nasal Congestion	Poor appetite
Diarrhea	Loss of smell/taste
Nausea and/or vomiting	

COVID-19 Symptoms present for anyone in the household*

1. Seek medical advice **AND/OR**
2. Seek COVID-19 testing **AND**
3. Notify School Nurse

Positive test result

1. Follow physician and DOH/CDC guidance
2. Self-isolate
3. Notify School Nurse

Able to be on campus when:

1. Fever-free for at least 24 hours without the use of fever-reducing medicine **AND**
2. Other symptoms have improved **AND**
3. At least 10 days have passed since symptoms first appeared **AND**
4. A physician release to return to School

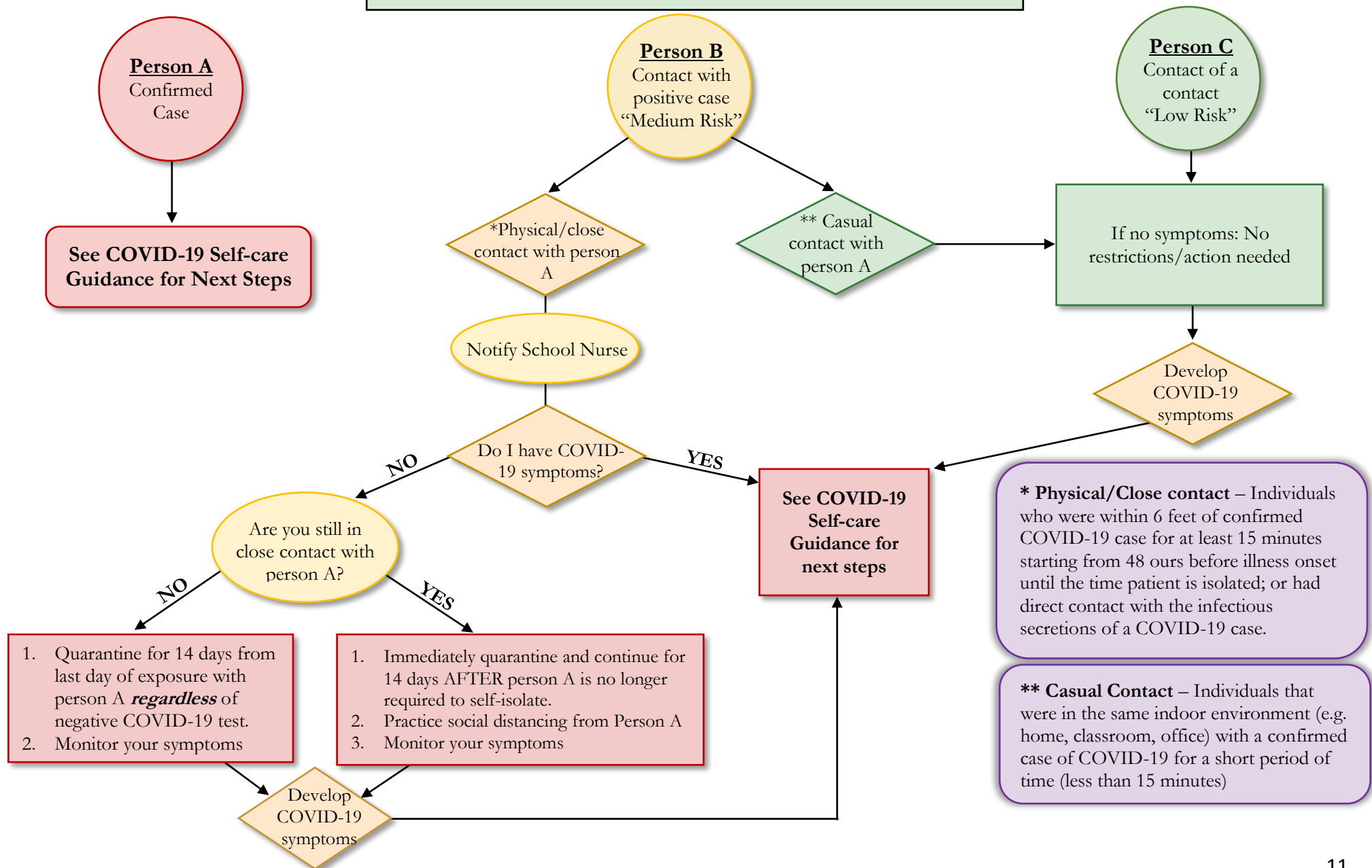
No test available, but probable case

Negative test **and/or** medical clearance

1. Follow physician's advice
 2. Notify the School Nurse
 3. A negative COVID-19 test result **AND** physician release to return to campus
- * If a household member tests positive for COVID-19 or is a probable case AND not able to completely self-isolate in from members of the household, please refer to COVID-19 Exposure Guidance Flowsheet**

ST. PHILIP'S EPISCOPAL SCHOOL COVID-19 EXPOSURE GUIDANCE

This flowsheet applies to students/staff and all members of the household



All COVID-19 cases
will be reported to
FDOH by School

St. Philip's Episcopal School COVID-19 Campus Exposure & Closure Procedures

Student/staff
member with family
member who tests
positive

THE SCHOOL

Since the student/staff isn't considered the carrier, there are no actions to be taken within the school except to monitor students who may show symptoms.

Student/Staff

Student/staff member to follow COVID-19 Exposure Guidance Flowsheet; if at school, must leave campus immediately

Student Positive for
COVID-19

THE SCHOOL

Each classmate who has been with the student within the last 48 hours, and each staff member who has been in the room with the student (in an enclosed area for > 15 min) must self-quarantine for 14 days, monitor symptoms & follow COVID-19 Exposure Guidance Flowsheet

Student

Student to follow COVID-19 Self-care Guidance Flowsheet; if at school, must leave campus immediately

Close off areas used by affected person/persons. Deep cleaning and disinfecting should take place 24 hours after notification following CDC guidelines. Room can be used again after disinfecting.

Staff member
positive for
COVID-19

THE SCHOOL

Each class the staff member instructed, or each student/staff present in an area the staff member has been working (in an enclosed area > 15 min) within the last 48 hours, must self-quarantine for 14 days, monitor symptoms & follow COVID-19 Exposure Guidance Flowsheet

Staff Member

Staff member to follow COVID-19 Self-care Guidance Flowsheet; if at school, must leave campus immediately

Close off areas used by affected person/persons. Deep cleaning and disinfecting should take place 24 hours after notification following CDC guidelines. Room can be used again after disinfecting.

Health Forms & Health Management

Magnus Health:

St. Philip's will continue to utilize Magnus Health for all student medical records. All students are required to complete all Magnus documents prior to the start of in-person learning. Magnus Health will be available to edit for the 2020-2021 school-year beginning on July 14, 2020. All documents are due by August 10, 2020. A link to Magnus Health can be found on the school website under the "Wellness" tab. All documents must be uploaded by each family. The School will not accept paper copies at this time.

Immunizations and Health Forms:

Physicians are continuing to encourage families to keep their child/children's scheduled well visit appointments. For this reason, all immunizations are required to be up to date in order for a student to attend school.

If an outbreak of a vaccine-preventable communicable disease occurs, any child who is not fully immunized (whether for medical or religious exemption) for that particular disease will be required to stay home until it is deemed safe to return by the Department of Health.

Asthma Care and Nebulizer Treatments:

Due to the risk of Aerosolized Transmissible Diseases (ATD) with COVID-19, any previously ordered nebulizer treatment will need to be converted to an inhaler with a spacer and mask attachment. If your child has an Asthma Action Plan, please coordinate with his/her ordering physician so that his/her plan meets these current guidelines.

If a student requires nebulizer treatments during the day, they should stay home until symptoms have resolved and there is no longer a need for said treatment.