



## **Why Bother Making Friends? Let's talk about the importance of relationships in our lives!**

**Join OWL-SF in a Discussion about Relationships:**

- **What are the health benefits of relationships?**
- **What do friendships add to our lives?**
- **How to sustain old relationships & make new ones?**

***Facilitator: Melanie Grossman, PhD, LCSW***

***Dr. Grossman is a certified, licensed social worker who has worked with the Institute on Aging's Friendship Line for the past 10 years. She has over 25 years of experience in the field of aging.***

**Co-Sponsored by The Community Living Campaign**

**When: Saturday, Oct. 28, 2017, 10 AM to noon**

**Where: Northern Police Station Community Room**

**1125 Fillmore St. at Turk St.**  
(No parking in police parking lot)

**MUNI # 5, 22, 31 & 38 (4 block walk)**

**Wheelchair Accessible**

**[www.owlsf.org](http://www.owlsf.org)**

**Phone 415-712-1695**