



March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	01	02 1:30 – Always Active Exercise 2:45 – Writing for Remembering	03 1:30 – Chair Yoga 2:30 – Tea Time *CA Primary*	04	05 1:30 – Always Active Exercise 2:30 – Snacks with Neighbors	06	07
	08	09 1:30 – Always Active Exercise 2:45 – Spring Wreath Making	10 1:30 – Dance for Strength 2:30 – Tea Time	11	12 1:30 – Always Active Exercise 2:45 – Brain Health	13	14
15 12pm – District 5 Dean Preston Neighborhood Outreach (Tartine on 9 th Ave)	16 1:30 – Always Active Exercise 2:45 – Writing for Remembering	17 1:30 – Chair Yoga 2:30 – Tea Time	18	19 1:30 – Always Active Exercise (in Gym) 2:45 – Fall Prevention	20 	21 1pm – Tabling at Sunset Library (18 th /Irving)	
22	23 1:30 – Always Active Exercise 2:30 – Snacks with Neighbors	24 1:30 – Dance for Strength 2:30 – Tea Time	25 6:30 – SHARP Monthly Meeting (1736 9 th Ave, between Moraga & Noriega)	26 1:30 – Always Active Exercise 2:30 – Snacks with Neighbors	27	28	
29	30 1:30 – Always Active Exercise 2:45 – March Birthdays Potluck	31 1:30 – Chair Yoga 2:30 – Tea Time					

All events at **St. Anne of the Sunset Catholic Church**. Enter the Community Hall on Funston between Judah and Irving. Accessible ramp to right of entry doors before playground.

For more information: Call Marina at 415.821.1003; ext. 116 or email marina@sfcommunityliving.org