

SF Community Living Campaign | **2019** 

**We cultivate connections to help
seniors and people with disabilities
age and thrive at home.**



Every day we celebrate the power of relationships to reduce isolation and eliminate barriers to aging in community.



Over the last year, the Community Living Campaign has worked with and been inspired by countless San Francisco neighbors, community organizations, government agencies, and businesses. Together, you've helped us accomplish the events listed here.

We look forward to 2020 and beyond, working in concert to bring about the changes and increased funding needed to make San Francisco a truly age- and disability-friendly city.

11 Key Events took place in our 11th Year

2018

Community Connectors group launched in the Inner Sunset

2019 Dignity Fund Mayoral Forum

Food Networks receive MLK Keeping the Dream Alive Award
from SF Rec & Parks

Formed Coalition with Felton and JobsNow

Partnered with Openhouse to offer dedicated Tech Classes at our lab

More on page 3.



Community Building

We support a variety of programs to bring together neighbors throughout San Francisco. Our goal is to cultivate and strengthen the friendships needed to age and thrive in place.

Our award-winning **Community Connector Networks** build strong relationships of neighbors and friends who can be there for each other. Participants have fun and get more active. Over 500 regular participants joined in 1,280 hours of activities such as exercise, writing workshops, wellness classes, and neighborhood events.



We have dedicated Program Coordinators with strong ties to the neighborhood. They create a welcoming environment, organize activities and coordinate with existing local organizations, businesses, and other community groups.

You can find our Community Connector Networks in Cayuga, Inner Sunset, Merced Extension Triangle, Midtown Terrace, Miraloma Park, St. Francis Square, Sunnyside.

We also support the Senior Power network in Parkside/Outer Sunset, and will be starting a new network in Crocker Amazon later this year.

91% of program participants know one or more neighbors to ask for help

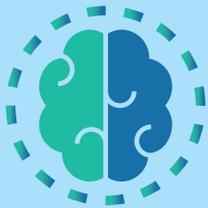
81% of participants feel healthier

69% have an easier time taking care of themselves

81% feel better able to stay in their homes



Forum on Loneliness and Brain Health



Sidewalk Search Party organizes to improve sidewalk safety

Participate in SFPL's Connect with Tech Week with workshops in English, Spanish, and ASL



Secured funds to grow existing Connector Networks and launch a new one in Crocker Amazon

SeniorBeat launches their website





94%
recipients feel the groceries help them stay in their homes

91% feel less isolated

Neighbors in **Food Delivery Networks** bring groceries and human connection to seniors and people with disabilities who can't travel to food pantries on their own. This year, they delivered over **9,500 bags** of healthy foods, made over **7,900 visits**, and provided **950 hours of phone calls and assistance**. You can find networks in the Bayview, OMI, and Park Merced/University Park neighborhoods.





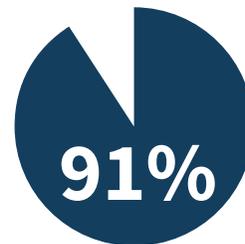
Neighbors helping neighbors are at the heart of what we do.

Local time and effort are essential to strengthening and supporting the networks in our community and beyond. Opportunities at our CLC Hub, supporting our outreach and marketing, and serving on our Board help to create new opportunities for growth.



81% provide help to neighbors.

66% get help from neighbors



Report knowing one or more neighbors to ask for help



Empowerment

We help build the skills and tools needed to live a good life, whether that's learning how to use technology, finding employment, or being a strong advocate for yourself and others.

Healthy Aging Classes empower individuals and build vital friendships and connections.

81%
of workshop participants feel more engaged in their community

99%
feel more informed and better able to advocate for themselves and others



Our **SF ReServe Job Program** helps seniors and adults with disabilities find paid part-time work at local nonprofits.

77%
of ReServists say their stipend is essential to their economic security

96%
say their job has increased their social interaction

95%
feel their work contributes to their community



Computer Training and Access helps people connect with family members, manage their health, learn new skills, and more. Trainers and volunteers provided **over 3,750 hours of computer training** to almost 650 low income older adults and people with disabilities.



95%
feel more connected to friends and family

92%
learned how to find information to improve their health



Advocacy

Our advocacy focuses on winning the policies, services, and supports needed to make San Francisco a place for all.

We help individuals speak out, and bring together diverse coalitions to work toward an aging and disability-friendly city.



We helped to pass the first-in-the-nation **Dignity Fund** in 2016 to ensure adequate services and support for seniors and people with disabilities.



We helped launch and now coordinate the **SF Tech Council**, a unique multi-sector effort to tackle digital inclusivity in SF.

We monitor decisions at City Hall and make sure the voices of seniors and adults with disabilities are heard loud and clear.



Help Us to Make San Francisco a Great Place to Grow Older

Together, we can create an inclusive San Francisco where people of all ages and abilities can truly live “in community” – with all of the rich relationships and opportunities that define a good life.

Help the Community Living Campaign bring greater joy, health, and connectedness to San Francisco seniors and people with disabilities through community-building, empowerment, and advocacy.

With your support, we will continue to advance community-driven, collaborative solutions while also serving as a strong voice at City Hall.



From the beginning, we’ve seen how one person’s idea can transform a community. We work to nurture these efforts in every way possible so that volunteer-led, neighborhood-based solutions can really take off. Your donation provides the seed funding neighbors need to go from a creative idea to an initiative that’s established enough to get outside funding.

We promote the ideas, talents, and energies of older adults and people with disabilities in all that we do.

*Pictured: Mission Photo Walk with guide Harvey Castro, co-founder with CLC's Estelle Schneider of the **Eldergram Project** a project documenting the lives of seniors in Cuba and the Bay Area.*

