



## November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					01 9:30 – Walking Group	02
03	04 9:30 – Always Active Exercise 10:30 – Memoir Writing	05 9:30 – Walking Group	06 9:30 – Always Active Exercise	07	08 9:30 – Walking Group	09
10	11 9:30 – Always Active Exercise 10:30 – Memoir Writing	12 9:30 – Walking Group	13 9:30 – Always Active Exercise	14	15 9:30 – Walking Group	16
17	18 9:30 – Always Active Exercise 10:30 – Memoir Writing	19 9:30 – Walking Group	20 9:30 – Always Active Exercise 10:30 – Aging in Style	21	22 9:30 – Walking Group	23
24	25 9:30 – Always Active Exercise 10:30 – Memoir Writing	26 9:30 – Walking Group	27 9:30 – Always Active Exercise	28 Happy Thanksgiving	29 9:30 – Walking Group	30

**All events at St. Finn Barr Church unless otherwise noted.** (415 Edna St)

**For more information:** Call Patti at 415.821.1003; ext. 106 or email [patti@sfcommunityliving.org](mailto:patti@sfcommunityliving.org)

