

COME TOGETHER AND LEARN!

BOOMER TALKS

WEDNESDAYS AT EXCELSIOR WORKS!

LECTURE



Early-to-mid-'60s Folk Revival

Wednesday, November 14
6-7:30 PM

Free. Light refreshments.

Rock historian/author **Richie Unterberger** will present a program of 1960s folk revival clips. Included will be performances by artists such as Bob Dylan, Joan Baez, Judy Collins, Pete Seeger, Buffy Sainte-Marie, Donovan, and Peter, Paul & Mary, among others.

WORKSHOP



Gaining Through Loss

Wednesday, December 5
6-7:30 PM

Free. Light refreshments.

Poet/writer **Julie Rogers** will lead a workshop in memoir-oriented writing exercises. In examining loss in a safe environment, exploring the potential of deepening relationships with ourselves, and others, we gain an opportunity to gain new perspectives. Confidentiality is emphasized.

WORKSHOP



Create a one-of-a-kind Holiday Card using a favorite photo

Wednesday, December 12
6-7:30 PM

Free. Holiday treats.

Create personalized holiday cards using favorite photos, ticket stubs and other memorabilia and your own special greetings. Decoration supplies and card stock will be provided.

ALL TALKS AT EXCELSIOR WORKS!



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Community Living Campaign

Cultivating connections to help seniors and people with disabilities age and thrive at home.

Cayuga Community Connectors

Changing Strangers into Neighbors and Neighbors into Friends



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