



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 	03	04 1:30 – Always Active Exercise 2:45 – City Assessor, Nicole Agbayani	05	06 1:30 – Always Active Exercise 2:30 – Meet Your Neighbors	07
08	09	10	11 1:30 – Always Active Exercise 2:45 – Vial of Life with Sherri Sawyer	12	13 1:30 – Always Active Exercise 2:30 – Meet Your Neighbors	14
15	16	17	18 1:30 – Always Active Exercise 2:45 – Social Security Administration, Sarah Kim-Lee	19	20 1:30 – Always Active Exercise 2:30 – Meet Your Neighbors	21
22	23	24	25 1:30 – Always Active Exercise 2:45 – SPCA/SIDO, Jessica Sananes	26	27 1:30 – Always Active Exercise 2:30 – Meet Your Neighbors	28
29	30					

All events are held at **Forrest Hills Church**, unless otherwise noted. (250 Laguna Honda Blvd.)  
**For more information:** Call Nicky at 415.821.1003; ext. 120 or email [nicky@sfcommunityliving.org](mailto:nicky@sfcommunityliving.org)

