

# Learn to use **SOCIAL MEDIA** to promote causes and campaigns that affect you and your community



- ✓ Learn about the benefits of social media for community work on platforms such as Facebook and Instagram
- ✓ Start your account
- ✓ Grow your contacts
- ✓ Upload photos, videos, and links; learn to stream live videos
- ✓ Make community pages

Curriculum will be provided along with one-on-one tutoring and group learning with a professional trainer. All questions will be answered.

**Please have an active email account before this class.** Get assistance with an existing social media campaign or learn how to start a new one.

*Light refreshments provided.*

**Fridays, 10–noon & 1–3pm. Feb.7, 14, 21 & 28**

**CLASS MEETS AT** 1360 Mission Street, Suite 400 (between 9th & 10th Streets) San Francisco  
*The classroom is wheelchair accessible and scent free. Please do not wear fragrances in order to keep our space accessible to people with all disabilities.*

**FOR MORE INFORMATION:** call 415-546-1333 or email [srira@sdaction.org](mailto:srira@sdaction.org)

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**SENIOR & DISABILITY  
ACTION**

*We mobilize and educate seniors and people with disabilities to fight for individual rights and social justice. Through individual support and collective action, we work together to create a city and world in which seniors and people with disabilities can live well and safely.*

1360 Mission Street, Suite 400, San Francisco Ca 94103  
415)546-1333, [www.sdaction.org](http://www.sdaction.org)



*Cultivating connections to help seniors and people with disabilities age and thrive at home*

[www.SFcommunityliving.org](http://www.SFcommunityliving.org)



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