

fullpower[®] Street & Pedestrian Safety for Adults

Pedestrians in cities have exciting opportunities for learning, shopping, exercising, dining, and visiting with friends just outside their front door. Concerns about safety can stop us from taking full advantage of these opportunities. Some risks come from cars, buses, and other vehicles; some risks come from people whose behavior is unsafe. Join us for a fun, upbeat workshop giving adults practice in skills they can use to take charge of their safety while on foot or using wheelchairs or scooters. This workshop is open to adults of all ages who walk or roll independently in the city with a focus on the needs of older adults and those who use additional tools to move through the world, such as wheelchairs, canes, or guide dogs. Together, we will practice skills to:

- **Communicate with other pedestrians and drivers**
- **Show awareness, calm, and confidence**
- **Advocate for ourselves and others**
- **Help others be aware of US!**
- **Assess risks and routes**
- **Make safety plans**
- **Respect traffic boundaries**
- **Carry possessions more safely**
- **Set and respect personal boundaries**
- **Persist in asking for help when we need it**
- **Manage unwanted attention, including unwanted assistance**
- **Manage personal triggers and protect ourselves from threats, taunts, and other hurtful words**

SF People First & Community Living Campaign

**Friday, March 8th
3:30-5:30PM**

**Community Living Campaign
1663 Mission St # 525
SF, CA 94103**



All skills will be tailored for each participant's visual, hearing, mobility & cognition as well as for their use of wheelchairs, service dogs, canes, or other assistive technology.

Fullpower is a program & service of

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the nonprofit leader in "People Safety" skills education for all ages & abilities.

To learn more about this privately organized workshop or to sign up, please contact Jennifer Walsh (the advisor) at: 650.488.0259 or email turbo44444@aol.com.

Please contact Kidpower at (800) 467-6997 ext. 1# with any questions about the class content, our public workshops or materials, or to talk about arranging a workshop for a group of any age.

www.kidpower.org



safety@kidpower.org



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