



Free Family Workshops & Parent Pages Newsletter

August 2025

[Read the Parent Pages Newsletter](#)

Parent's Guide to Challenging Behaviors

Discover a proven, research-based approach to better understand your child's behavior and what influences it. Learn practical tools to prevent challenging behaviors—and handle them calmly when they do occur. Ask questions, gain ready-to-use strategies and leave feeling more confident in your parenting. For parents of children ages 2–8. **Thursday, August 14, 1:00 p.m. Free virtual workshop, register [here](#)**

Welcome to Parenthood:

Connecting to Howard County Resources

Becoming a parent is a big transition and knowing what support is available can make all the difference. Explore the services available in Howard County, learn where to go for trusted information and how to access local support systems that can help you feel more confident and connected. **Monday, August 11, 1:00 p.m. Virtual workshop, register [here](#)**

Nurturing Your Child's Temperament

Every child is unique in their own special way and are born with distinct ways of thinking, feeling and behaving. This 'wiring' is called temperament and it's an important part of how your child interreacts with the world. Learn how to tailor your parenting approach to support your child's growth and nurture their strengths while fostering a positive and supportive environment for their individual needs. For caregivers of children birth to five years old. **Tuesday, August 19, 7:00 p.m. virtual workshop, register [here](#)**

Scheduling for Success

Are you ready for the school year to start? Are you aware of the milestones your child should be reaching? Learn what teachers and childcare providers will be planning for their children during the day. Gain strategies and resources to make their schedules and routines flow smoothly at home and learn simple ideas and activities to extend learning at home. **Wednesday, August 20, 1-2 p.m. Register in -person session [here](#) & Wednesday, August 20, 7:00 p.m. Register for Virtual session [here](#)**

[Kindergarten Readiness Newsletter](#)

Howard County Office of Children and Families

www.howardcountymd.gov/children-families/family-engagement



To visit our website and register, scan the QR code

Family Programming

Click on the Family Institute & Family Support Center

Newsletter

Click on Parent Pages

www.howardcountymd.gov/parentpages

For questions or assistance with registering, call 410-313-2273

(voice/ relay) or email

children@howardcountymd.gov

Programming questions, email Lisa Rhodes at

lrhodes@howardcountymd.gov

The Howard County Family Support Center (FSC) offers community-based programs for parents and caregivers of children age birth to five. Located at 9790 Patuxent Woods Drive in Columbia, FSC programs highlight child development, parent education and health information. Upcoming programming below. For more information on programming, contact Ashton Sullivan, asullivan@howardcountymd.gov, 410-313-1453 (voice/relay)

Paws and Think Author's Visit: Author Mirana Mittleman, will be coming to read some of her heartwarming social emotional books about her dog Weaver. Each family will take home a signed book. **Thursday, August 7, 12:45 – 1:45 p.m., Register [here](#)**

Hatchlings: New Baby and Me: Welcome home, baby! The two-week sessions with Howard County Library System is for you and your baby, newborn - 6 months. Together you will both enjoy fun songs and activities and learn how to support your baby's development. Participants will receive a FREE take-home gift during the series. **Wednesday, August 6 & 13, 9 – 10 a.m., Register [here](#)**

Drop in Play Group: Parents must stay with their children. This is a great opportunity for children to meet new friends and parents to network! **Thursday, August 21, 10 – 11a.m. Register [here](#)**

Popsicles at the Park: Colorburst Park Splash Pad, **Thursday, August 14, 10 – 11a.m. Register [here](#)**

My Gym Fitness Classes: Age-appropriate classes incorporate fitness, music, dance, puppets, relays, games, gymnastics, sports and other original activities. **Littles 6 Month – 2.5, Monday, August 11, 2 – 2:45 p.m. Register [here](#) & Pre-K Class 2.5 – 5, Monday, August 25, 2 -2:45 p.m. Register [here](#)**

Summer Story Time Series: Join us for Story Time Adventures—a fun weekly session with a story, a song, and a themed activity! It's a great way for young children to enjoy reading, get creative, and make new friends. **Tuesday, August 12 & 19, 10:30 – 11:30 a.m. Register [here](#)**

FSC Plus Virtual Orientation: Learn all about how to become enrolled and what benefits the program has for families such as early registration for support center events, members only programs and trips.. Virtual link: <https://howardcountymd.webex.com/howardcountymd/j.php?MTID=m3b18e1b3d4129824a3ebe6edb6f1024b>
Wednesday August 27, 1:30 –2:30 p.m.

Camping Day: Sing classic camping songs, enjoy a delightful camping-themed story, and explore our hands-on camping stations. It's the perfect way to experience the joys of camping—no tent required! **Tuesday, August 19, 1-2 p.m. Register [here](#)**

Seedlings Nature Program: Dive into a delightful nature-themed story, and wrap up with a sweet closing circle to help little ones wind down. **Thursday, August 28, Session 10:00 – 11 a.m. Register [here](#) & Session 2: 11:30a.m. – 12:30 p.m. Register [here](#)**

Cooking with Ms. Bianca: Cooking together is a fun way for kids to practice fine motor skills, learn, and enjoy what they create. Come cook, learn and snack with us! **Tuesday, August 26 9:45 – 10:45a.m. Register [here](#) OR 11:45a.m. – 12:45 p.m. Register [here](#)**

Dads and Strollers: Run, jog, or walk at your own pace, water and healthy snacks will be provided. Bring your water bottle, running shoes, stroller if needed, and get ready for an energetic day with your kiddos ages birth to five. **Thursday, August 21, 5:30 – 7 p.m. Register [here](#)**

View complete Family Support Center calendar [here](#)

To request this information in an alternate format, or accommodations to participate in these programs, email children@howardcountymd.gov or call the CARE Line, 410-313-CARE(2273) (voice/relay).