



WE LOOK FORWARD TO SEEING YOU!

Bain 50+ Center

5470 Ruth Keeton Way, Columbia • 410-313-7213

WEDNESDAYS AND THURSDAYS

Korean Meals Only Available Thursdays

Elkridge 50+ Center

6540 Washington Boulevard, Elkridge • 410-313-5192

TUESDAYS AND THURSDAYS

Ellicott City 50+ Center

9401 Frederick Road, Ellicott City • 410-313-1400

TUESDAYS AND THURSDAYS

Thursdays are Breakfast Only

North Laurel 50+ Center

9411 Whiskey Bottom Road, Laurel • 410-313-0380

WEDNESDAYS AND FRIDAYS

HOME DELIVERED MEALS

The Howard County Office on Aging and Independence partners with Meals on Wheels (MOW) of Central Maryland to provide home delivered meals to eligible individuals. Eligibility is based on age, mobility and food access. To determine eligibility and sign up, contact MOW at 410-558-0932.

JOIN US FOR A MEAL AT THE 50+ CENTERS!

We are excited to welcome you back to dine with us at the Howard County 50+ Centers!

Must be 60 or older to receive a meal; spouses of any age may also participate. Participants will have the opportunity to provide a confidential donation towards the cost of the meal.

REGISTRATION

For details or to sign up, call or stop by the front desk at the 50+ Center of your choice!

PRESENTED BY THE

Howard County
Office on Aging and Independence

www.howardcountymd.gov/aging

If you need this information in an alternate format, or need accommodations to participate, contact the HOWARD COUNTY NUTRITION LINE at 410-313-3640 (VOICE/RELAY).