

Kindergarten Readiness Newsletter

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Physical Well-Being and Motor Development

Children should be working on fine motor skills using their fingers. Here is a [list of items](#) you can be working on with your child. Try making this [play dough](#) recipe. You can use it to mold people or animals! Add features with buttons, beans, beads, toothpicks, sticks, and other small items. For more activities to strengthen your child's hands and fingers, check out [The Ages and Stages Questionnaire Activities](#).

Language and Literacy

Create a menu with your child! Cut out pictures of food items from a magazine or grocery flier. Help your child write "Menu" at the top of a piece of paper, then have them glue a few of their favorite cut-outs. Record the names of the foods on index cards. Help your child find the names of the selected foods on the cards and match them to the pictures. For more ideas, visit [Get Ready to Read!](#)



Mathematics

Did you know you can use common items in your kitchen to teach your child math skills? Read [this article](#) to learn math concepts and practice skills such as equal groups, sorting, and spacing.

Social Foundations

An important part of kindergarten readiness is having strong social-emotional skills. This includes knowing how to solve common social problems, like waiting for a toy or turn, feeling disappointed, or struggling with a task. Children can benefit from having a 'Solution Kit' to help them identify a variety of solutions for different problems. Check out this [Solution Kit: Home Edition](#)! This kit provides relevant solutions to situations that may occur at home. The Home Edition resources are also offered in [Spanish](#), [Hmong](#), [Somali](#), and [Ojibwe](#).