

LEARN AND GROW WITH YOUR CHILD



The Basics

HOWARD COUNTY

BASICS INSIGHTS

The **Basics Principles** are five fun, simple and powerful ways that every family can give every child a great start in life. The **Basics Insights** delivers two weekly science-based facts and activities to boost your child's learning and brain development.



Maximize Love,
Manage Stress



Explore Through
Movement and Play



Talk, Sing
and Point



Read and Discuss
Stories



Count, Group
and Compare



Receive Two Free
Messages each week!

Science-based facts and
activities to boost your child's
learning and brain development.

FOR CHILDREN AGES 0-5

<https://partners.mybliss.ai/basics-insights/HCOOCAF1692>

**Howard County**
Office of Children and Families

If you need this document in an alternative format, call the 410-313-6400 (voice/relay).