



2025

Monday	Tuesday	Wednesday	Thursday
<p>4</p> <p>English for Life, Work, Family 10am – 12pm</p> 	<p>5</p> <p>Social Skills Group 10am – 12pm</p> 	<p>6</p> <p> Hatchlings 9 – 10am</p> <p>English for Life, Work, Family 10am – 12pm</p> 	<p>7</p> <p> Social Skills Group 10am – 12pm</p> <p>Paws and Think Author’s Visit 12:45 – 1:45pm</p> <p>Dinner with Dads Spanish 5:30 - 7pm</p> <p>The Dad Check In – Virtual 7-8pm</p>
<p>11</p> <p>English for Life, Work, Family 10am – 12pm</p> <p>Welcome to Parenthood: Connecting to Howard County Resources</p>  <p>Virtual 1:00pm My Gym 2-2:45pm</p>	<p>12</p> <p> Story Time Series 10:30 – 11:30am</p> <p>Family Options 12:30 - 2pm</p>	<p>13</p> <p> Hatchlings 9-10am</p> <p>English for Life, Work, Family 10am – 12pm</p>	<p>14</p> <p> Playgroup and Popsicles at Colorburst Park Splash 10 – 11am</p> <p>Parent’s Guide to Challenging Behaviors Virtual 1pm</p>
<p>18</p> <p>English for Life, Work, Family 10am – 12pm</p> 	<p>19</p> <p> Story Time Series 10:30 – 11:30am</p> <p>Camping Day! 1 – 2pm</p> <p>Nurturing Your Child’s Temperament virtual 7-8 pm</p> 	<p>20</p> <p>English for Life, Work, Family 10am – 12pm</p> <p>Scheduling for Success Workshop 1 - 2pm In Person 7-8pm Virtual</p> 	<p>21</p> <p>Drop In Play Group 10-11am</p> <p> Dads and Strollers 5:30 - 7pm</p> <p>The Dad Check In – Virtual 7-8pm</p>
<p>25</p> <p>English for Life, Work, Family 10am – 12pm</p>  <p>My Gym 2-2:45pm</p>	<p>26</p> <p>Cooking with Ms. Bianca Session 1 9:45 – 10:45am Session 2 11:45am – 12:45pm</p>	<p>27</p> <p>English for Life, Work, Family 10am – 12pm</p> <p>FSC Orientation Plus Virtual 1:30 – 2:30pm</p>	<p>28</p> <p> Seedlings Nature Program</p> <p>Session 1:10 – 11am Session 2: 11:30 – 12:30pm</p>



Descriptions of Events

Paws and Think Author's Visit: Author Mirana Mittleman, a Howard County author, will be coming to read some of her heartwarming social emotional books about her dog Weaver. Each family will take home a signed book. She will be sharing 2 different books than her last visit. **Thursday, August 7, 12:45 – 1:45 p.m., Register [here](#)**

Hatchlings: New Baby and Me: Welcome home, baby! The two-week sessions with Howard County Library System is for you and your baby, newborn - 6 months. Together you will both enjoy fun songs and activities and learn how to support your baby's development. Participants will receive a FREE take-home gift during the series.

Wednesday, August 6 & 13, 9 – 10 a.m., Register [here](#)

Drop in Play Group: Children and their families are invited to explore and play at our Family Support Center! Parents must stay with their children. This is a great opportunity for children to meet new friends and parents to network!

Thursday, August 21, 10 – 11 a.m. Register [here](#)

Popsicles at the Park: We are heading to the park! Meet us at the Colorburst Park Splash Pad, for a fun morning of play time and popsicles! Pre-registration is encouraged but not required. **Thursday, August 14, 10 – 11 a.m. Register [here](#)**

My Gym Fitness Classes: My Gym has created an extraordinary fitness program devised to help children develop physically, cognitively and emotionally. Our structured, age-appropriate classes incorporate fitness, music, dance, puppets, relays, games, gymnastics, sports and other original activities. The children have fun as they exercise and gain strength, balance, coordination, agility, flexibility and social skills. The most important benefit we offer, however, is the building of confidence and self-esteem. A child who feels good about him/herself has a jumpstart on the path to becoming a healthy, well-adjusted young adult.

Little's 6 Month – 2.5 Year old Class Monday, August 11, 2 – 2:45 p.m. Register [here](#)

Pre-K Class 2.5 – 5 Year Olds Monday, August 25, 2 -2:45 p.m. Register [here](#)

Summer Story Time Series: Join us for Story Time Adventures—a fun weekly session with a story, a song, and a themed activity! It's a great way for young children to enjoy reading, get creative, and make new friends.

Tuesday, August 12 & 19, 10:30 – 11:30 a.m. Register [here](#)

Camping Day: Join us for a fun-filled Camping Day at the Family Support Center! Bring your little campers and get ready to sing classic camping songs, enjoy a delightful camping-themed story, and explore our hands-on camping stations. It's the perfect way to experience the joys of camping—no tent required! **Tuesday, August 19, 1-2 p.m. Register [here](#)**

FSC Plus Virtual Orientation: Are you interested in learning about the Family Support Center Plus program? Plus members are eligible for early registration for support center events. They are also eligible for members only programs and trips. Attend our virtual orientation session to learn all about how to become enrolled and what benefits the program has for families.

Wednesday August 27, 1:30 –2:30 p.m. Attend using this link:

<https://howardcountymd.webex.com/howardcountymd/j.php?MTID=m3b18e1b3d4129824a3ebe6edb6f1024b>

Scheduling for Success: Are you ready for the school year to start? Are you aware of the milestones your child should be reaching? This workshop will teach families about what teachers and childcare providers will be planning for their children during the day. Families will gain strategies and resources to make their schedules and routines flow smoothly at home. Finally, families will learn about simple ideas and activities to extend their children’s learning at home.

Wednesday, August 20, 1-2 p.m. Register [here](#)

Seedlings Nature Program: Come play, explore, and connect at our fun-filled, nature-inspired workshop! Enjoy hands-on indoor and outdoor activity stations designed to spark curiosity and bring families together. We’ll kick things off with a lively community circle featuring a playful song and fun questions for both kids and grown-ups, dive into a delightful nature-themed story, and wrap up with a sweet closing circle to help little ones wind down. It’s a joyful time to laugh, learn, and grow together—caregivers stay with their kiddos throughout the adventure!

Thursday, August 28, Session 10:00 – 11 a.m. Register [here](#)

Session 2: 11:30a.m. – 12:30 p.m. Register [here](#)

Cooking with Ms. Bianca: Join us at the Family Support Center to make tasty, healthy snacks with Ms. Bianca! Cooking together is a fun way for kids to practice fine motor skills, learn, and enjoy what they create. Come cook, learn, and snack with us!

Tuesday, August 26 Session 1: 9:45 – 10:45a.m. Register [here](#)

Session 2: 11:45a.m. – 12:45 p.m. Register [here](#)

Dads and Strollers: Whether you’re jogging with your child in a stroller or running side-by-side, this event is all about movement, bonding and enjoying the outdoors together. Run, jog, or walk at your own pace, water and healthy snacks will be provided. Bring your water bottle, running shoes, stroller if needed, and get ready for an energetic day with your kiddos ages birth to five.

Thursday, August 21, 5:30 – 7 p.m. Register [here](#)

***Some programs do not have a registration link because they are not open to the general public. ***

Virtual Workshops

The Dad Check In: Join us on the first and third Thursday of the month for a one hour virtual meet up on where dads with children ages 0-5 connect, share, and support one another in a safe, welcoming space. It's your time to recharge, laugh and build community with other awesome dads. **Thursdays; August 7 & 21, 7-8 p.m. Register [here](#)**

Parent's Guide to Challenging Behaviors

Discover a proven, research-based approach to better understand your child's behavior and what influences it. Learn practical tools to prevent challenging behaviors—and handle them calmly when they do occur. Ask questions, gain ready-to-use strategies and leave feeling more confident in your parenting. For parents of children ages 2–8.

Thursday, August 14, 1:00 p.m. Free virtual workshop, register [here](#)

Welcome to Parenthood: Connecting to Howard County Resources

Becoming a parent is a big transition and knowing what support is available can make all the difference. Explore the services available in Howard County, learn where to go for trusted information and how to access local support systems that can help you feel more confident and connected. Let's make the most of your parenting journey—together.

Monday, August 11, 1:00 p.m. Virtual workshop, register [here](#)

Nurturing Your Child's Temperament

Every child is unique in their own special way and are born with distinct ways of thinking, feeling and behaving. Some may be curious while others are more cautious, some may be outgoing while others are timid. This 'wiring' is called temperament and it's an important part of how your child interreacts with the world. Learn how to tailor your parenting approach to support your child's growth and nurture their strengths while fostering a positive and supportive environment for their individual needs. This workshop will be geared towards caregivers of children birth to five years old.

Tuesday, August 19, 7:00 p.m. Click [here](#) for registration to virtual workshop

Scheduling for Success

Are you ready for the school year to start? Are you aware of the milestones your child should be reaching? This workshop will teach families about what teachers and childcare providers will be planning for their children during the day. Families will gain strategies and resources to make their schedules and routines flow smoothly at home. Finally, families will learn about simple ideas and activities to extend their children's learning at home.

Wednesday, August 20, 7:00 p.m. Register for Virtual session [here](#)

Questions? Contact Family Support Center Director Ashton Sullivan asullivan@howardcountymd.gov 410-313-5987

To register use the QR Code:

<https://www.howardcountymd.gov/family-support-center>



The Howard County Family Support Center is located at 9790 Patuxent Woods Drive Columbia, MD 21046