

THE SPIRITUAL JOURNEY: A Process of Transformation

September 18-19, 2020

The spiritual journey is the communal process of being conformed by the Spirit of God to the image of Christ for the sake of others. In this retreat, we'll explore the stages and dynamics of the spiritual journey, its challenges for 21st century Christians, and see how ordinary people were transformed by their willingness to surrender to God's grace.

Friday Evening, 7-8:30pm EASTERN

1. Introduction to the weekend
2. Personal Reflection Question: How have you experienced the spiritual journey? How would you describe your spiritual growth?
3. Small Group Sharing of personal reflection question
4. PRESENTATION #1: The spiritual journey as a communal process

Saturday Morning, 10am-12 noon EASTERN

1. Personal Reflection Question: What has been the most difficult aspect of the spiritual journey for you? Why?
2. Small Group Sharing of personal reflection question
3. PRESENTATION #2: Transformation by the Spirit to the Image of Christ
4. Private Lectio Divina time with Galatians 5:16-26
5. Questions, Comments, Reactions

Saturday Afternoon, 1-3pm EASTERN

1. Personal Reflection Question: Among your family and friends, whom do you consider to be holy? Why?
2. Small Group Sharing of personal reflection question
3. PRESENTATION #3: Life for Others and the story of an uncanonized saint
4. Questions, Comments, Reactions
5. Wrap up