

***God's First Language is Silence***

**A Retreat with Fr. Carl Arico**

**10:00 AM until Noon on Tuesday November 10, 11, 12**

Suggested donation \$60.00

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*God's First Language is Silence*

God's first language is silence.

In commenting on this beautiful rich insight of Saint John of the Cross, Thomas Keating, in his work 'Invitation to Love' writes 'everything else is a poor translation'. In order to understand this language, we must learn to be silent and rest in God.

During our retreat we will explore different aspects of what it means to rest in God.

The topics are going to be

- 1) Is my Yes really a yes or is it a maybe?
- 2) What are the four levels of Fidelity
- 3) The quality of our consent
- 4) How the four centering prayer guidelines can become a way of prayer.

Our time together will be interspersed with praying the scriptures (Lectio Divina), Centering Prayer, Q&A and humor - come join me as we waste some time with the Lord