

**Praying Out of the Roots of Our Own Lives:
Learning a Thomas Merton-Mentored
Contemplative Spiritual Exercise**

Led by Jonathan Montaldo

- Friday evening May 29 from 7:00 - 8:30 PM
- Saturday from 10:00 AM - Noon & 1:00 PM - 3:00 PM

The monk and writer taught his novices at the Abbey of Gethsemani the contemplative practice of "entering the school of your own life." In these hours of reflection together we shall examine key moments in Merton's private journals where he exemplifies a way of praying that he taught his novices. Handouts for further study will be made available to participants. We will learn how to participate and hopefully appreciate participating in a "spiritual retreat by Zoom."

Jonathan Montaldo created a ten-volume resource for small group dialogue now used internationally: *Bridges to Contemplative Living with Thomas Merton*. He has edited numerous books of Merton's literature including *The Intimate Merton*, *A Year with Thomas Merton*, *Dialogues with Silence*, and *Choosing to Love the World*. Visit his website at MonksWorks.com for further information on Jonathan's ministry.