

## 7 Honorings That Free Our Authenticity - A retreat led by Chris Saade

7:00 – 8:30 PM Friday, Sept. 25

11:00 AM – 1:00 PM and 3:00 – 4:30 PM Saturday, Sept 26

Please check my latest book on Amazon: The Rebellion of the Heart - deep authenticity, strength, bold love and global solidarity. ***It is recommended that you read the printed or Kindle version of this book for the retreat.***

THE BEAUTY AND POWER OF AUTHENTICITY- A DEEPER DESCENT INTO OUR SACRED FREEDOM TO BE AND BECOME WHO WE ARE, AND SERVE THE WORLD AND THE EARTH FROM OUR UNIQUE BEING.

6 HONORINGS THAT DEEPEN AND FREE OUR AUTHENTICITY

This workshop will focus on: The soul power of authenticity, descending into the depth of our authenticity through honoring the fullness of our humanity, and the cutting-edge tools of honoring.

*My warm support to all of you trying to keep your spirit strong and your heart open in this very difficult crisis! The world needs us, at any age, to reinvent our trajectory toward a greater fidelity to our authentic unique being, as well as a passion for global solidarity - emerging from our authenticity. The Earth needs us to take even further huge steps towards such an evolutionary leap of Authenticity and Solidarity! Now is the time more than ever! ~ Chris Saade*

### LEARNING OBJECTIVES:

We will learn together to deepen our honoring, befriending and being proud of the core 6 aspects of our authenticity.

- core life choices
- core personality
- core wounds
- mind-heart -mind continuum: guidance, vision and calling
- great loves
- belonging and participation in the great struggle for freedom and solidarity

Honoring is an extremely powerful tool of soul, heart and mind. Generosity of words deeply impacts our own psyche as well as the psyche of others. It is crucial to practice and keep developing the power of honoring words. These words of honoring, reflection of beauty, gratitude, and specific appreciation, water the ground of our being. They bring to life our unique soul strength. They bust shame for ourselves, our partners and our children. They allow new shoots to grow and reach to the sun. May we rediscover again and again the amazing wealth of genuine honoring words.

Welcome to our virtual circle!