

Elders: Called to Seed Hope

Facilitator: Sr. Ann Billard, OLM

August 3, 2020

7:00 - 8:00 PM ET

*The future belongs to those who give the next generation reason to hope. -Teilhard deChardin*

Hope is that desire for something good to happen in the future. So often as one ages, hope diminishes. To reframe aging and envision it as a call to seed hope for the future can awaken a renewed sense of life's meaning and purpose.

This talk is designed to provide tools to assist older adults to risk letting go as they respond in faith to the deeper invitations of each phase of life's journey thus offering the next generation hope in continuing the dream of God for all of us.

Ann Billard OLM, Ph.D.

Sr. Ann is a Sister of Charity of Our Lady of Mercy with many years of pastoral ministry experience. She earned graduate degrees in pastoral counseling from Loyola University in Maryland. With training as a sage-ing facilitator, she is also a certified grief recovery specialist and certified legacy facilitator. Currently coordinating Transformative Aging Programs, she provides spiritual direction, lectures, workshops and retreats on the spirituality of aging. She has presented at national conferences and to groups of older adults both nationally and internationally.

*“Awakened to elderhood, we pour the distillate of our lives into other vessels, an act that not only seeds the future, but crowns our lives with worth and nobility.”* Rabbi Zalman Schachter-Shalomi