

Meet the Directors



Kathy Tosney

Kathy is an Interfaith Spiritual Director in Portland, Maine. She teaches Contemplative Prayer Practices for Mepkin Abbey's "Institute for Contemplative Eldering Retreats" and has been a retreat team member at Mepkin for the past 8 years. Kathy also directs Ignatian Retreats at Mepkin Abbey and Eastern Point Jesuit Retreat House in Gloucester, MA. Kathy lives in Portland, Maine, and is the proud mother of two adult sons and four young grandchildren.



Raymond Horn

A lifelong journey led Raymond Horn to this sacred ministry of holy listening, a deep knowing that "everything belongs." Raymond serves as a spiritual and retreat director formed in the Ignatian tradition and lived the 30-day Ignatian Exercises at Eastern Point in Gloucester, MA. Trained at the Mercy Center in Madison, CT, he attended their School of Spirituality and their Practicum for Spiritual Direction where he was certified in 2006. He is a member of Spiritual Directors International and received a BA in Communications

from Pace University in 1982. Raymond is an active member of the St. Vincent Paul Society; the National Alliance on Mental Illness where he serves as a facilitator and trainer and the Lay Associate Community with The Passionists. Raymond and his wife Susan have two grown sons and three grandsons. They "rewired" to South Carolina in 2012 where they care for their parents and their four-legged canine, Tilly.



Mary Pat Barth

Mary Pat Barth has been involved in Ignatian retreats & spirituality as a Chaplain at the College of the Holy Cross, Georgetown, and Duke Universities for the past 30 years. She has led Ignatian Retreats at retreat centers in North & South Carolina, Pennsylvania, New York, and Louisiana as well as parishes in NC. Mary Pat received her spiritual direction training in Chicago, and she regards the experience of

companioning women and men on Ignatian retreats and in her interfaith spiritual direction practice as sacred privileges. She holds two Master's Degrees from Jesuit Universities and experienced the 30-day Spiritual Exercises of St. Ignatius of Loyola in Los Altos, California. She is a member of Spiritual Directors International and resides in Wilmington, North Carolina.