

GIFTS OF ELDERING IN A TIME OF SOCIAL ISOLATION

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DATES AND TIMES:

- Friday June 12, 2020, 7pm – 8:30pm
- Saturday June 13 10am - Noon and 1pm – 3:30pm

- **What is aging for? Does it have a divine purpose? What is the role of elders during this challenging time for humanity?**
- **What stops us in our tracks as we age and what do we have to let go of?**
 - There is grief in the letting go and loss – can she be a teacher to us?
- **What are we harvesting during our time of social distancing?**
 - What makes the difference between Aging and Saging?
 - Life Review – what steps can we take to review our lives and what wisdom can we harvest to gift to those close to us?
- **How can we GROW in our elder years, rather than perpetuate the decline model of the larger culture?**
 - What is our role as Sages in a society that is facing so many challenges?
- **How can a contemplative practice help us transition into claiming our elderhood as a strength that is called for now more than ever?**