

Isaiah 58 Ministries

Spice Up Your Life



February 1st-28th

Isaiah 58 Ministries is having a
“spice drive”

to fill our pantry with a variety of spices for our clients.

This item is often over-looked during regular food drives, but can make a world of difference for people as they prepare meals for their family.

**Spice up your life and the lives
of those in your community**

Donate today to give “flavor” to those in need

Top 25 spices recommended for every kitchen according to
Spices Inc.(in alphabetical order):

Allspice, Basil, Bay Leaves, Cajun Seasoning, Cardamom, Cayenne Pepper, Chili Powder, Chinese Five Spice, Cinnamon, Cloves-Ground, Coriander, Cumin, Curry Powder, Garlic Powder, Ginger, Nutmeg, Onion Powder, Oregano, Paprika, Pepper, Red Pepper Flakes, Rosemary, Thyme, Turmeric, Yellow Mustard
Also appreciated are a variety of Mrs. Dash seasonings

Call 314-776-1410 for more information