

JOURNEY

COURSES

YOUR JOURNEY STARTS HERE

SURVIVOR SKILLS

Car Talk - Auto Mechanics 101 - Led by Brent Guinn

Sept. 13, 20, 27

Come learn everything you need to know about basic car maintenance and easy repairs. Both valuable info and outdoor labs. All ages will find this helpful. Room 101.

Sewing 101 - Led by Jean Mallory

Sept. 13, 20, 27

Women and men welcome to come learn some sewing basics or work on your own project. Room 128

Prayer Shawl - Led by De Stotts Come join in creating warm hugs from God for those in joy and pain. (Ongoing - Meet each Wednesday in Worship Hall)

Cancer -- Now What? Led by Stephen Ministers Sarah Cameron and Patsy Locke

Oct. 4, 11, 18, 25

This group will offer emotional and spiritual

support as well as practical help for both cancer survivors and caregivers. Room 126

How to Talk to Your Kids about God - Vicki Nichols Polk

Sept. 27, Oct. 4, 11

Most of what our children learn about God comes from us. How do we do that well? Room 125

Help for Parenting Special Needs Kids - Led by La Nelle Ethridge

Oct. 18, 25, Nov. 1, 8
Do you know a child with special needs? Come find out how to support, care, and advocate for these special children (gifted, ADHD, hyperactive, autistic, etc.) Room 125

KNOWING THE TERRITORY

Finding Your Personal Ministry - Led by David Cameron

Come discover your God-given gifts and decide where to let your Light shine! Conference Center

**Oct. 4, 11, 18
New Members' Class
Oct. 25, Nov 1, 8**

Led by Stephanie Nash
Learn more about Second B's story, vision, and mission. What makes Second B so unique? Come find out! Conference Center

FINDING YOUR MAP

John Claypool's Stages - Sept. 13, 20, 27, Oct. 4

Led by Stephanie Nash
A look at the stages of life as depicted in the life of David and how we can relate to those stages in our own lives. Room 129

Rob Bell's *What Is the Bible?* - Led by Kerry Campbell **Oct. 11, 18, 25, Nov. 1, 8** A fresh approach to an ancient text that will change the way you look at scripture. Room 129

THE WILDERNESS EXPERIENCE

A ONE-ON-ONE JOURNEY OF DISCOVERY

Journey Inward

- Guidance by a personal spiritual director
- Personal journaling and reflection on scripture, prayer, readings, and dreams
- Exploration of contemplative prayer
- Book study/small group discussion
- Pastor-led classes in faith development
- Spiritual retreats

Journey Outward

- Discover your personal spiritual gifts by taking inventory at www.umc.org/what-we-believe/spiritual-gifts
- Define your call/ministry for this stage of your life
- Find resources and support for your ministry
- Plan stages for implementing your call
- Consider when you will know when your call is changing directions

Organizational Meeting for the Wilderness Experience will be on Sept. 6 at 7 p.m. following Church Conference. (See Stephanie if unable to attend or to find out more information.)