

Bhupinder Singh
PRESENTS:

Suffering IS Optional

W O R K S H O P



MARCH 10, 2018
2:00 pm to 4:00 pm

Pre-registration \$15, Day of \$20

UPDOG YOGA STUDIO
210 W. University Dr.
Rochester, MI 48307
(248) 608-6668

This interactive workshop teaches how to ignite your inner wisdom and sustain you on your own journey towards an empowered life through unification with the infinite. In unification with the infinite, pain and suffering are optional. Unification requires an acknowledgement that our mind and soul are like light and sun rays of one Sun. We are imbued with the greatest power that is the power to choose our thoughts. That power is the fuel in the engine of transmogrification. Come and discover your innate ability to heal yourself.



Bhupinder Singh set out on his own journey to find a "self-sustainable method of eternal happiness" ten years ago. Along the way he has become a prolific writer, poet, motivational speaker and blogger in his attempts to share the revelations he has discovered along his pathway to truth. Chief among those was the discovery of Shabad (Supreme Wisdom) as his personal guru towards transformation and a quenching force for his parched soul. Bhupinder Singh latest inspirational book, titled "Sanyog: Moving towards Unification with the Infinite" is a rare treasure of wisdom.