



Munay-Ki



Healing Rites of Awakening

Illuminate Your Spirit, Open Your Heart

Saturday, October 23 & December 4

12:00PM-5:00PM

\$90 per person (includes both Oct. & Dec. sessions)

Shamanism is an ancient healing tradition over 40,000 years old. Shamanic teachings focus on our connection to nature and all of creation. Shamanism involves working with transcendental energies in the physical and spiritual world to heal and balance in this world.

The Munay-Ki are a series of nine Empowerment Rites of Awakening passed down from the ancient Shamans of Peru. "Munay" means "love and will" together with "ki" from the Japanese word for energy, combine to give the meaning: *Energy of Love*.

Shaman Joe will educate the group about the "Great Rites of Enlightenment" of the Munay-Ki and perform the nine Rites for each participant amongst the support of the group. Receiving these deep healing Rites is a very uplifting and personal experience to help you realize your sacred space, illuminate your spirit, open your heart, and align with your highest Self. This powerful transformation will take place over two separate sessions.

\$90 cost includes attendance at both Oct. & Dec. sessions and all workshop materials, including a DVD and a Pi Stone selected especially for you.

Pre-register early as space is limited to 8 participants:

<https://www.updogyoga.com/workshops/rochester-workshops>



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