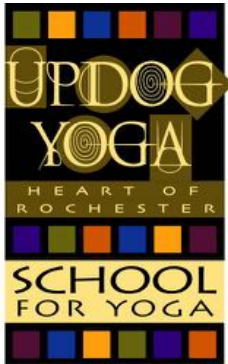


FREE YOGA CLASSES!

Everyone Welcome

Presented by our Graduating Class of Fall 2019 Yoga Teacher Trainers



GRADUATION CLASS SCHEDULE - ROCHESTER STUDIO

ALL CLASSES ARE FREE!

SATURDAY, JANUARY 18, 2020

1:00-2:00pm	Slow Flow with Brandy
2:15-3:15pm	Basic with Patricia
3:30-4:30pm	Basic with Jessica
4:45-6:00pm	Ashtanga with Laurie

SUNDAY, JANUARY 19, 2020

12:15-1:15pm	Yin with Hanna
1:30-2:30pm	Basic with Sarah
2:45-3:45pm	Basic with Renee
4:15-5:30pm	Ashtanga with Shay

SATURDAY, JANUARY 25, 2020

1:00-2:00pm	Slow Flow with Jen
2:15-3:15pm	Basic with Marjory
3:30-4:30pm	Yin with Tanya
4:45-5:45pm	Basic with Stefanie

SUNDAY, JANUARY 26, 2020

12:15-1:15pm	Slow Flow with Lindsay
1:30-2:30pm	Basic with Sujal
2:45-3:45pm	Slow Flow with Stacey
4:15-5:30pm	Ashtanga with Samantha

