

Didgeridoo Therapy & Sound Bath

Presented by Harper & Midwest Kind Sound Journey



Saturday, October 11

6:30PM-8:00PM

\$50 per person (\$60 door)

UpDog Welcomes Award-winning Australian Musicians and Sound Healers, Peter D. Harper and Bobbi Llewellyn, for a special workshop to find balance using the ancient Australian Indigenous "Didgeridoo" Wind Instrument (Yidaki/Mako) combined with Sound & Color Therapy, Tarot Card Libra and Conscious Connected Breath Work

Peter and Bobbi will offer Didgeridoo sound/color vibration and vocal intonations combined with ancient wisdom to focus on each participant while exploring the 7 chakras. The didgeridoo sound healing works on each individual with the didgeridoo clearing dark/grey frequencies in any problem areas.

A sound bath Didgeridoo Singing Ceremony presentation follows, featuring the Didgeridoo and Peter and Bobbi's mesmerizing male/female vocal intonations and harmonies, for a powerful and uplifting meditational experience. The Didgeridoo Singing Ceremony has been used for thousands of years to help Indigenous people of Australia find their way across the land as they literally sing manifestation into existence. Everything is frequency, so when we tune into the frequency of the land, we can manifest what we need. The sound can be felt and heard and works on all levels to bring you back to a state of what is natural.

The Australian indigenous Message Sticks, Navajo – The Dine`Traditional Drum, Native American "love" Flute, Drone Flute, Crystal Singing Bowls, Harmonica, Tongue Drum and Keyboard Drones are also included in this inspirational and healing sound scape.

The husband and wife team of Peter and Bobbi have presented their workshops worldwide in the USA, Canada, Australia, Europe and China winning 14 music awards in 4 countries.

Pre-register: <https://www.updogyoga.com/workshops/rochester-workshops>



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