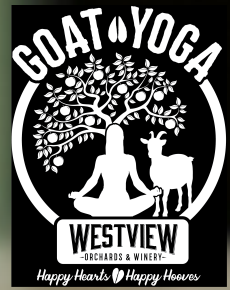


Family Fun

Goat Yoga Class

at Westview Orchards & Winery



Wednesday, July 31

7:00-8:30PM

\$31.50 per person

(includes cider and donut)

**Pre-registration with Westview
required: 586-752-3123**

Guaranteed To Make You Smile And Laugh Out Loud – The Best Family Bonding Experience You'll Have All Year!

Bring the entire family and join UpDog Yoga at Westview Orchards & Winery for a KID-friendly Goat Yoga experience followed by time for photos with our young goats. A Westview cinnamon donut and glass of cider on our barn porch is included with your admission.

Kids and adults alike will enjoy a beginner-level Family Basic Yoga class in the company of adorable goats, who stroll around and interact with the class – children all ages 6 and up welcome. The goats are naturally friendly and curious so they will walk on your mat, jump on your back, and frolic and play amongst the activity! Lighthearted and fun, Goat Yoga is very therapeutic in the open air of Westview's outdoor pavilion.

Dress for the elements in comfortable yoga/workout clothes and bring your yoga mat (additional mats available for use first-come, first serve). We highly recommend NOT wearing your "best" attire or favorite yoga mat as it is an outdoor setting with furry friends.

Yoga class is one hour, followed by photo opportunities with the goats and cider and donuts afterward. Please arrive 15 min. early for check-in.

Space is limited and pre-registration required. Children must be accompanied by an adult. Ages 6 and up welcome.

**Contact Westview Orchards & Winery directly to pre-register:
586-752-3123**



*Westview Orchards & Winery is located
at 65075 Van Dyke in Washington, MI
(corner of 30 Mile Rd. and Old Van Dyke)*



www.updogyoga.com 210 W. University Dr., Rochester, MI 48307 | 248.608.6668

Named "Best Yoga Studio In Metro-Detroit by WDIV ClickonDetroit.com"