

Wag 'N' Tails Together with  
Updog Yoga Presents...

AS SEEN ON  
FOX 2  
DETROIT!

# Doga Class

*Breathe. Flow. Puppies!*

**CALL 586-781-6400 TO REGISTER**

[www.wagntails.net](http://www.wagntails.net) to create an account

Two locations,  
dates  
& times to  
choose from!

WAG 'N' TAILS  
DOG ACTIVITY CENTRE

**Wag Instructor: Jordan Covington**  
**Updog Instructor: Marilee McCarthy**

UPDOG YOGA



## ***Join Us!***

*This special one hour course is for you to have some time for yourself to just **BE**.*

*Flow and build strength as the aroma of white sage fills your senses and rescue puppies bounce around you, improving your balance and bringing some yin to your yang! Who better to teach us how to enjoy the **NOW**, than puppies?*

*While you find your inner peace maybe you'll find your puppy. If not, **what's better then an afternoon of peace, animals and giving back?** Portions of the proceeds from this event go to our rescue partners.*

***Saturday, June 1, 2019 12-1 pm***

*\$30 per person/Children \$20*

*RARA: Rochester Avon Recreation*

*500 E. Second ST.*

*Rochester, MI 48307*

***Thursday, June 20, 2019 7-8 pm***

*\$30 per person/Children \$20*

*Wag 'N' Tails Dog Activity Center*

*56776 Mound Road*

*Shelby Township, MI 48316*



***Breathe  
Flow  
Puppies!***

**PLEASE CALL TO REGISTER OR  
CREATE AN ACCOUNT ONLINE TO  
REQUEST A RESERVATION  
AT [WWW.WAGNTAILS.NET](http://WWW.WAGNTAILS.NET)  
CALL 586.781.6400**