

JOIN US! FOR THE **NEUROINCLUSIVE**
**SUPERHERO 5K RUN &
1 MILE FAMILY WALK/RUN**
JULY 26, 2025

1 MILE RUN **STARTS AT 8:30AM**
5K WALK/RUN **STARTS AT 9AM**

**WEAR YOUR
SUPERHERO
ATTIRE!**

**RAIN OR
SHINE!**

**FOREST PARK
QUEENS**
MEET AT
WOODHAVEN BLVD
& FOREST PARK DRIVE



 **RIDGEWOOD
SAVINGS BANK**
multiply the good



STRETCH LAB

 **The
Steven Spectrum
Career Project**

**SCAN TO
REGISTER**



OR VISIT

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