

Reading 150 Psalms in 6 Weeks

Weeks 1 and 2: Psalms of Orientation

Day 1: Wednesday, October 13, 2021

Psalms 67	Psalms of Praise	7 verses
Psalms 95	Psalms of Praise	11 verses
Psalms 111	Psalms of Praise	10 verses
Psalms 134	Psalms of Praise	2 verses
Psalms 8	Psalms of Creation	10 verses
Psalms 24	Psalms of Creation	10 verses

Day 2: Thursday, October 14, 2021

Psalms 33	Psalms of Creation	22 verses (discuss in class)
Psalms 104	Psalms of Creation	37 verses

Day 3: Friday, October 15, 2021

Psalms 145	Psalms of Creation	22 verses
Psalms 19	Psalms of Creation (and Torah)	14 verses
Psalms 1	Psalms of Torah	6 verses (discuss in class)
Psalms 112	Psalms of Torah	10 verses

Day 4: Saturday, October 16, 2021

Psalms 119:1-56	Psalms of Torah	56 verses
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Day 5: Sunday, October 17, 2021

Psalms 119:57-120	Psalms of Torah	63 verses
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Day 6: Monday, October 18, 2021

Psalms 119:121-176	Psalms of Torah	55 verses
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Day 7: Tuesday, October 19, 2021

Psalms 14	Psalms of Wisdom	7 verses
Psalms 15	Psalms of Wisdom	7 verses (discuss in class)
Psalms 36	Psalms of Wisdom	12 verses
Psalms 37	Psalms of Wisdom	42 verses

Day 8: Wednesday, October 20, 2021

Psalms 115	Psalms of Wisdom	18 verses
Psalms 125	Psalms of Wisdom	5 verses
Psalms 127	Psalms of Wisdom	6 verses
Psalms 128	Psalms of Wisdom	6 verses

Day 9: Thursday, October 21, 2021

Psalms 131	Psalms of Well-Being	4 verses (discuss in class)
Psalms 133	Psalms of Well-Being	5 verses
Psalms 139	Psalms of Well-Being and Judgment	23 verses

Day 10: Friday, October 22, 2021

Psalms 45	Royal Psalm	18 verses (discuss in class)
Psalms 72	Royal Psalm	19 verses

Day 11: Saturday, October 23, 2021

Psalm 132	Royal Psalm	19 verses
Psalm 21	Royal and Judgment Psalm	14 verses
Psalm 110	Royal and Judgment Psalm	7 verses

Day 12: Sunday, October 24, 2021

Psalm 2	Psalm of Judgment	13 verses
Psalm 75	Psalm of Judgment	10 verses
Psalm 52	Psalm of Judgment	9 verses
Psalm 101	Psalm of Judgment	8 verses (discuss in class)

Day 13: Monday, October 25, 2021

Psalm 48	Psalm of Zion	13 verses
Psalm 87	Psalm of Zion	6 verses
Psalm 122	Psalm of Zion	9 verses

Day 14: Tuesday, October 26, 2021

Psalm 89	Psalm of Zion (Lament after v. 38)	52 verses
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Weeks 3 and 4: Psalms of Disorientation

Day 15: Wednesday, October 27, 2021

Psalm 17	Psalm of Social Abandonment	16 verses
Psalm 31	Psalm of Social Abandonment	24 verses
Psalm 38	Psalm of Social Abandonment	22 verses
Psalm 142	Psalm of Social Abandonment	7 verses

Day 16: Thursday, October 28, 2021

Psalm 13	Psalm of Divine Abandonment	6 verses
Psalm 42	Psalm of Divine Abandonment	15 verses
Psalm 43	Psalm of Divine Abandonment	6 verses
Psalm 88	Psalm of Divine Abandonment	19 verses (discuss in class)
Psalm 108	Communal Psalm of Divine Abandonment	13 verses

Day 17: Friday, October 29, 2021

Psalm 44	Communal Psalm of Divine Abandonment	26 verses
Psalm 60	Communal Psalm of Divine Abandonment	12 verses
Psalm 74	Communal Psalm of Divine Abandonment	22 verses
Psalm 80	Communal Psalm of Divine Abandonment	18 verses

Day 18: Saturday, October 30, 2021

Psalm 90	Communal Psalm of Divine Abandonment	17 verses
Psalm 12	Vindictive Lament for Salvation	8 verses
Psalm 35	Vindictive Lament for Salvation	28 verses
Psalm 54	Vindictive Lament for Salvation	7 verses

Day 19: Sunday, October 31, 2021

Psalm 55	Vindictive Lament for Salvation	26 verses
Psalm 58	Vindictive Lament for Salvation	11 verses
Psalm 64	Vindictive Lament for Salvation	10 verses
Psalm 70	Vindictive Lament for Salvation	6 verses
Psalm 109	Vindictive Lament for Salvation	30 verses

Day 20: Monday, November 1, 2021

Psalm 79	Communal Vindictive Lament for Salvation	13 verses
Psalm 83	Communal Vindictive Lament for Salvation	18 verses
Psalm 94	Communal Vindictive Lament for Salvation	23 verses
Psalm 129	Communal Vindictive Lament for Salvation	8 verses
Psalm 137	Communal Vindictive Lament for Salvation	9 verses (discuss in class)

Day 21: Tuesday, November 2, 2021

Psalm 50	Psalm of God's Judgment	24 verses (discuss in class)
Psalm 81	Psalm of God's Judgment	16 verses
Psalm 82	Psalm of God's Judgment	8 verses

Day 22: Wednesday, November 3, 2021

Psalm 90	Wisdom Lament	17 verses
Psalm 49	Wisdom Lament	20 verses
Psalm 53	Wisdom Lament	6 verses
Psalm 73	Wisdom Lament	29 verses

Day 23: Thursday, November 4, 2021

Psalm 6	Penitential Lament	10 verses
Psalm 25	Penitential Lament	21 verses
Psalm 26	Penitential Lament	12 verses
Psalm 32	Penitential Lament	12 verses
Psalm 39	Penitential Lament	15 verses

Day 24: Friday, November 5, 2021

Psalm 41	Penitential Lament	13 verses
Psalm 51	Penitential Lament	20 verses (discuss in class)
Psalm 69	Penitential Lament	38 verses

Day 25: Saturday, November 6, 2021

Psalm 86	Penitential Lament	17 verses
Psalm 123	Penitential Lament	5 verses
Psalm 130	Penitential Lament	7 verses
Psalm 141	Penitential Lament	10 verses
Psalm 143	Penitential Lament	12 verses
Psalm 3	Psalm of Trust in Lament	8 verses
Psalm 7	Psalm of Trust in Lament	18 verses

Day 26: Sunday, November 7, 2021

Psalm 10	Psalm of Trust in Lament	19 verses
Psalm 22	Psalm of Trust in Lament	30 verses (discuss in class)
Psalm 28	Psalm of Trust in Lament	11 verses
Psalm 56	Psalm of Trust in Lament	12 verses

Day 27: Monday, November 8, 2021

Psalm 57	Psalm of Trust in Lament	11 verses
Psalm 59	Psalm of Trust in Lament	20 verses
Psalm 61	Psalm of Trust in Lament	8 verses
Psalm 71	Psalm of Trust in Lament	24 verses

Day 28: Tuesday, November 9, 2021

Psalm 77	Psalm of Trust in Lament	20 verses
Psalm 102	Psalm of Trust in Lament	28 verses
Psalm 120	Psalm of Trust in Lament	7 verses
Psalm 140	Psalm of Trust in Lament	13 verses
Psalm 144	Psalm of Trust in Lament	16 verses

Weeks 5 and 6: Psalms of New Orientation

Day 29: Wednesday, November 10, 2021

Psalm 27	Psalm of Trust in Lament	18 verses
Psalm 62	Psalm of Trust in Lament	14 verses
Psalm 63	Psalm of Trust in Lament	11 verses
Psalm 4	Psalm of Trust in God	8 verses
Psalm 5	Psalm of Trust in God	15 verses

Day 30: Thursday, November 11, 2021

Psalm 9	Psalm of Trust in God	20 verses
Psalm 11	Psalm of Trust in God	8 verses
Psalm 16	Psalm of Trust in God	11 verses
Psalm 20	Psalm of Trust in God	9 verses
Psalm 23	Psalm of Trust in God	6 verses

Day 31: Friday, November 12, 2021

Psalm 46	Psalm of Trust in God	12 verses
Psalm 85	Psalm of Trust in God	13 verses
Psalm 91	Psalm of Trust in God	16 verses
Psalm 121	Psalm of Trust in God	8 verses

Day 32: Saturday, November 13, 2021

Psalm 18	Psalm of Thanksgiving	50 verses
Psalm 30	Psalm of Thanksgiving	13 verses

Day 33: Sunday, November 14, 2021

Psalm 34	Psalm of Thanksgiving	22 verses
Psalm 40	Psalm of Thanksgiving (and lament)	19 verses
Psalm 92	Psalm of Thanksgiving	14 verses

Day 34: Monday, November 15, 2021

Psalm 116	Psalm of Thanksgiving	17 verses
Psalm 118	Psalm of Thanksgiving	29 verses
Psalm 138	Psalm of Thanksgiving	9 verses
Psalm 65	Communal Psalm of Thanksgiving	14 verses

Day 35: Tuesday, November 16, 2021

Psalm 66	Communal Psalm of Thanksgiving	18 verses
Psalm 124	Communal Psalm of Thanksgiving	8 verses
Psalm 126	Communal Psalm of Thanksgiving	7 verses

Day 36: Wednesday, November 17, 2021

Psalm 107	Psalm of Thanksgiving/ Salvation History	43 verses
Psalm 136	Psalm of Thanksgiving/ Salvation History	26 verses

Day 37: Thursday, November 18, 2021

Psalm 78	Psalm of Salvation History	72 verses
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Day 38: Friday, November 19, 2021

Psalm 105	Psalm of Salvation History	45 verses
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Day 39: Saturday, November 20, 2021

Psalm 106	Psalm of Salvation History	48 verses
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Day 40: Sunday, November 21, 2021

Psalm 29	Psalm of Divine Kingship	11 verses
Psalm 47	Psalm of Divine Kingship	10 verses
Psalm 93	Psalm of Divine Kingship	6 verses
Psalm 96	Psalm of Divine Kingship	13 verses
Psalm 97	Psalm of Divine Kingship	12 verses
Psalm 98	Psalm of Divine Kingship	10 verses
Psalm 99	Psalm of Divine Kingship	9 verses

Day 41: Monday, November 22, 2021

Psalm 76	Psalm of Zion	12 verses
Psalm 114	Psalm of Zion	8 verses
Psalm 84	Psalm of the Temple	12 verses
Psalm 100	Psalm of Praise (Temple Summons)	4 verses
Psalm 149	Psalm of Praise (Temple Summons)	9 verses
Psalm 150	Psalm of Praise (Temple Summons)	6 verses

Day 42: Tuesday, November 23, 2021

Psalm 68	Psalm of Praise	36 verses
Psalm 103	Psalm of Praise	22 verses
Psalm 113	Psalm of Praise	8 verses
Psalm 117	Psalm of Praise	2 verses

Day 43: Wednesday, November 24, 2021

Psalm 135	Psalm of Praise	21 verses
Psalm 146	Psalm of Praise	9 verses
Psalm 147	Psalm of Praise	21 verses
Psalm 148	Psalm of Praise	14 verses