

Order of Service – November 22, 2020 – Unitarian Universalist Church West
“Emotional Trauma: Healing the Wounded Soul” with Philip Chard
and Steve Frey, Worship Leader

1. **Prelude** – "The Velocity of Love" by Suzanne Ciani; performed by Jennifer Nicolosi, Lead Music Director
2. **Welcome** – Steve Frey, Worship Leader
3. **Hymn #1012** – "When I am Frightened" words & music by Shelley Jackson Denham, arr. Jeannie Gagne; led by Jennifer Nicolosi
 1. When I am frightened, will you reassure me? When I'm uncertain, will you hold my hand? Will you be strong for me, sing to me quietly? Will you share some of your stories with me? If you will show me compassion, then I may learn to care as you do, then I may learn to care.
 2. When I am angry, will you still embrace me? When I am thoughtless, will you understand? Will you believe in me, stand by me willingly? Will you share some of your questions with me? If you will show me acceptance, then I may learn to give as you do, then I may learn to give.
 3. When I am troubled, will you listen to me? When I am lonely, will you be my friend? Will you be there for me, comfort me tenderly? Will you share some of your feelings with me? If you will show me commitment, then I may learn to love as you do, then I may learn to love.
4. **Chalice Lighting: We are a People of Healing** – Dave Cicero, Director of Lifespan Religious Education

To be alive is to be hurt – and thus we all need healing.
Healing another means easing their pain, spending time tending their wounds;
helping them move toward wholeness.
Healing ourselves means honoring our pain, asking for help,
and letting ourselves rest, so that we, too, might move toward wholeness.
We light this chalice for the gentle giving and receiving of Healing.
5. **Worship for All Ages** – “A Terrible Thing Happened” by Margaret Holmes; read by Dave Cicero
6. **Hymn #1002** – "Comfort Me" words & music by Mimi Bornstein-Doble; led by Jennifer Nicolosi
 1. Comfort me, comfort me, comfort me, oh my soul. (Repeat)
 2. Sing with me...
 3. Speak for me...
 4. Dance with me...
 5. Comfort me...
7. **Meditation** – “Meditation on Hope and Love in a Time of Struggle” by Alice Anacheka-Nasemann; read by Steve Frey
8. **Special Music** – "Music of Forgiveness" by Wally Kleucker; performed by Jennifer Nicolosi
9. **Sermon/Reflection** – "Emotional Trauma: Healing the Wounded Soul" by Philip Chard
10. **Offering Words & Offertory** – Kathy Herrewig, Chair, Split the Plate Team. Our Split the Plate partner organization for November is “Healing Hearts of Waukesha County, Inc”
11. **Closing Words** – Steve Frey
12. **Postlude** – "Modal Myth" by Warren Park; performed by Jennifer Nicolosi

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