

— HIGH — Performance TENNIS —

Summer Tennis Camp 2017 Registration form

Name _____ Age _____

Emergency Ph. _____

Email _____

Address _____

Session# _____ Dates _____

Amt. Pd. _____ Shirt Size _____

check cash Visa/MC

(Please make checks payable to MAC)

I hereby release Midlothian Athletic Club and its staff from all responsibility, accident, or injury incurred during participation in their program. I have read and understand the foregoing release and agree to the above terms.

Signature _____
Date _____

The Midlothian Athletic Club is a full service Tennis and Fitness facility just south-west of Richmond, VA.

- Tennis • Personal Training • Swimming •
- Racquetball • Basketball • Group Exercise •

Tom White, PTR- Director of Tennis

Lynn Bybee, USPTA - Head Pro

10800 Center View Drive

Richmond, VA 23235

www.macrichmond.com



Presents

— HIGH — Performance TENNIS —

Summer Tennis Camp 2017

“Where Champions Train”

Cancellation Policy

48 hour notice is needed to avoid being charged.

—SPACE IS LIMITED—

To Sign Up:

Email: tom@macrichmond.com

Or call: 804-330-2222 (320)



Camp Philosophy

Championship tennis is built on the foundation of sound stroke fundamentals taught in a fun, challenging learning environment.

Camp Director

- Daria Berezhnaya, MAC Pro
- Participated in a World Championship under 14
- Was a member of Junior Fed Cup Team
- Participated in ITF Junior and Pro circuit tournaments
- Earned multiple trophies at national level tournaments
- Was ranked 600 WTA doubles
- Played for VCU Women's Tennis Team
- VCU Women's Singles lines 1-4, doubles lines 1-2
- Two time Atlantic 10 Champion
- Two time NCAA Participant
- Two time Atlantic Rookie of the Week
- Three times earned All-Atlantic Honors (2014, 2015, 2016)

Earned VCU Rodney Award for Outstanding Athletic Achievements 2016-2017



From basic beginners to USTA Tournament players...

- Court Position & Movement
- Match Play Situations
- Percentage Target Selection



Dates

Sessions

- 1 June 26th-30th
- 2 July 10th-14th
- 3 July 24th-28th
- 4 August 7th-11th
- 5 August 21st-25th

Give your child the opportunity to enjoy tennis for a lifetime by learning good habits from the start. Ages 5-17

Camp Highlights

- 15 hours of on-court tennis instruction
- Daily hour swim time at the water park
- Camp t-shirt
- Written tennis evaluation
- Video stroke analysis
- Optional lunch at club

— Check In —

8:30am Monday Only

— On court instruction & Water Park swim time

— 9am—1pm Mon-Fri

Fees

With lunch

Members — \$235

Non-members — \$260

Without lunch

Members — \$210

Non-members — \$230

Second Child Discount—10%