

# — HIGH — Performance — TENNIS —

## Summer Tennis Camp 2017 Registration form

Name \_\_\_\_\_ Age \_\_\_\_\_  
Emergency Ph. \_\_\_\_\_  
Email \_\_\_\_\_  
Address \_\_\_\_\_

Session# \_\_\_\_\_ Dates \_\_\_\_\_  
Amt. Pd. \_\_\_\_\_ Shirt Size \_\_\_\_\_  
\_\_\_ check \_\_\_ cash \_\_\_ Visa/MC  
(Please make checks payable to MAC)

I hereby release Midlothian Athletic Club and its staff from all responsibility, accident, or injury incurred during participation in their program. I have read and understand the foregoing release and agree to the above terms.

Signature \_\_\_\_\_  
Date \_\_\_\_\_

The Midlothian Athletic Club is a full service Tennis and Fitness facility just south-west of Richmond, VA.

- Tennis • Personal Training • Swimming •
- Racquetball • Basketball • Group Exercise •

**Tom White, PTR- Director of Tennis**  
**Lynn Bybee, USPTA - Head Pro**

10800 Center View Drive  
Richmond, VA 23235  
[www.macrichmond.com](http://www.macrichmond.com)



### **Cancellation Policy**

48 hour notice is needed to avoid being charged.

## —SPACE IS LIMITED—

To Sign Up:  
Email: [tom@macrichmond.com](mailto:tom@macrichmond.com)  
Or call: 804-330-2222 (320)



*Presents*

# — HIGH — Performance — TENNIS —

## Summer Tennis Camp 2017

*“Where Champions Train”*



## Camp Philosophy

Championship tennis is built on the foundation of sound stroke fundamentals taught in a fun, challenging learning environment.

## Camp Director

- Daria Berezhnaya, MAC Pro
  - Participated in a World Championship under 14
  - Was a member of Junior Fed Cup Team
  - Participated in ITF Junior and Pro circuit tournaments
  - Earned multiple trophies at national level tournaments
  - Was ranked 600 WTA doubles
  - Played for VCU Women's Tennis Team
  - VCU Women's Singles lines 1-4, doubles lines 1-2
  - Two time Atlantic 10 Champion
  - Two time NCAA Participant
  - Two time Atlantic Rookie of the Week
  - Three times earned All-Atlantic Honors (2014, 2015, 2016)
- Earned VCU Rodney Award for Outstanding Athletic Achievements 2016-2017



From basic beginners to USTA Tournament players...

- Court Position & Movement
- Match Play Situations
- Percentage Target Selection



## Dates

### Sessions

- 1 June 26th-30th
- 2 July 10th-14th
- 3 July 24th-28th
- 4 August 7th-11th
- 5 August 21st-25th

Give your child the opportunity to enjoy tennis for a lifetime by learning good habits from the start. Ages 5-17

## Camp Highlights

- 15 hours of on-court tennis instruction
- Daily hour swim time at the water park
- Camp t-shirt
- Written tennis evaluation
- Video stroke analysis
- Optional lunch at club

— Check In —

8:30am Monday Only

— On court instruction & Water Park swim time

— 9am—1pm Mon-Fri

## Fees

With lunch

Members — \$235

Non-members — \$260

Without lunch

Members — \$210

Non-members — \$230

Second Child Discount—10%