

HELPFUL TIPS for Attending Class through Mindbody Live Stream:

1. Before you attend your first class decide which Browser or Device you will use...

On a desktop, live stream classes work better on Google Chrome. You can also [download Mindbody Live](#)—a program that improves the live stream experience on a desktop or laptop.

On a mobile device, the best experience will be found on iOS Safari or Chrome for Android.

If you are using an iOS device, you must disable the pop up blocker. Here's how to do that:

1. Go to **Settings > Safari**.
2. In the **General** section, tap the **Block Pop-ups** toggle. It will turn white to indicate it's turned off.

2. Then Register for any classes you wish to attend Live Stream Online, just as you normally do.

You will get a link in your email 30 minutes before class begins. If a client books the class closer to the start time, they'll receive the email 2-3 minutes after booking.

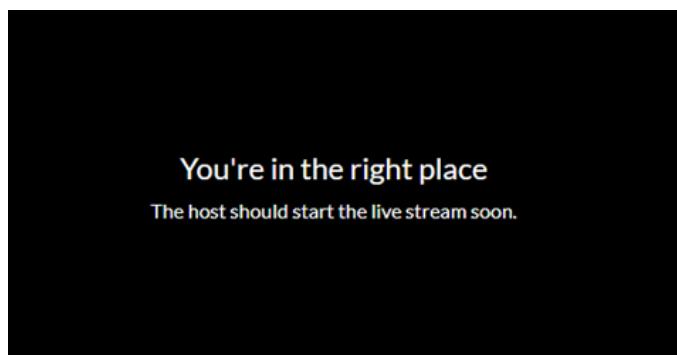
- Links will come from - noreply@mail.mindbodyemail.com
**Save this in your contact list so it doesn't end up in spam.*

3. How to Log in to the live stream class

You have a couple of login options here. You can log in with:

- **Your studio login:** This is the login you use to access our website on a web browser.
- **Or Your [Mindbody account](#):** This is the login you use on the Mindbody app or the Soul Tree app.

If class hasn't started yet, you'll hang out in a waiting room.



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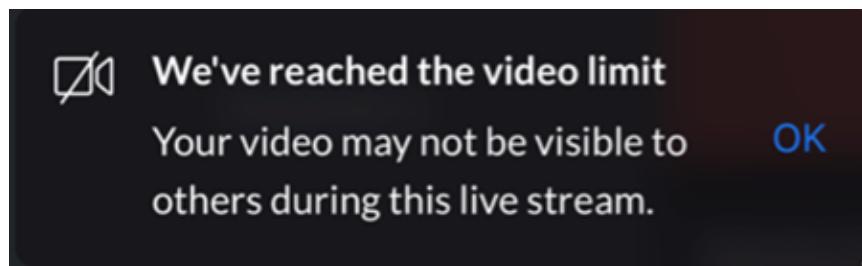
4. Set your camera and microphone preferences

Your browser will ask to access your camera and microphone.

Choose **Allow**—you'll still be able to mute your mic or turn off your camera in class if you'd like, but enabling at the browser level ensures you have control when the live stream starts.

You can use the microphone and camera buttons at the top to set your preferences. Turn on your camera (if you're comfortable)! Instructors love to see you.

- If your camera and/or microphone are not working, use the link below to learn how to enable your camera and mic for the class. Also, keep in mind that only the first 15 attendees can share their video.
 - [Chrome](#)
- Only 15 participants can share their video during class, so if you're the 16th person to join, you may see this message



5. Join the class

When you're ready to join the class, click **Join** at the top.

You can click on the Full screen icon on the right to enlarge the video to full screen view during class. You also have the option to change views:

- **Presenter view** shows the instructor's video
- **Grid view** shows up to 15 participants' videos along with the instructor's video in a grid. This view is not available on mobile devices.

Additionally, you can use the **chat box** to communicate with the teacher. Keep in mind that there is no private chat option — all participants can see what you post. Just click on the chat icon on the left, and the chat box will open.