

# Health Advancement for Pacific Islanders



**We stay strong by caring for our pregnant women and families.**

**Join** our program for Pacific Islander pregnant women and teens, at no cost. We serve both mothers and fathers. We

- Meet you at your prenatal care visits with gifts such as clothing, diapers, car seats, strollers, and much more!
- Link families to the best resources in Alameda County.  
For example: child care, food, dental, bus vouchers, etc.

**Help** enrolling in health insurance.

- For all Pacific Islanders in Alameda County
- \$40 gift card for each member who completes a medical visit with their new insurance
- No citizenship needed

**Why** every family member needs health insurance:

- To prevent health problems by having check-ups
- To avoid large bills
- To stay healthy
- Required on taxes



**Milika Funaki**  
Pacific Islander  
Family Health  
Consultant  
Alameda County  
Public Health  
Department  
Phone: (510) 618-2079  
Cell: (510) 387-5579



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[www.facebook.com/PacificIslanderFamilyHealth](http://www.facebook.com/PacificIslanderFamilyHealth)



More information at [www.achealthcare.org](http://www.achealthcare.org) or [www.acphd.org/HAPI](http://www.acphd.org/HAPI)  
Provided by Alameda County Public Health Department,  
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## Help Enrolling in Health Insurance in Alameda County



### Medi-Cal

Medi-Cal is health insurance for low-income people not covered under private or employer insurance plans.

- Apply in-person, or call an Alameda County Social Services Agency at 510-268-3787
- Call the Health Insurance Technician (HIT) Unit at 1-800-422-9495
- Apply online at [www.mybenefitscalwin.org](http://www.mybenefitscalwin.org)
- Apply online at [www.CoveredCA.com](http://www.CoveredCA.com)

### HealthPAC

HealthPAC covers the **cost of health care** within a network for low-income Alameda County residents who do not qualify for full-scope Medi-Cal. You do not have to be a U.S. citizen.

- Find an enrollment site online at: [www.acgov.org/health/documents/HealthPACbrochure-en.pdf](http://www.acgov.org/health/documents/HealthPACbrochure-en.pdf)
- Call the HIT Unit at 1-800-422-9495

### Covered California

Low-income people not eligible for Medi-Cal can enroll in California's health exchange, known as

Covered California. Open enrollment is usually November-January.

- Visit [www.CoveredCA.com](http://www.CoveredCA.com)
- Call the Covered CA service center at 1-800-300-1506

### Kaiser Permanente Community Health Care Program

The Community Health Care Program helps pay for health insurance for **children** who do not qualify for full-scope Medi-Cal. You do not have to be a U.S. citizen.

- Call the HIT Unit at 1-800-422-9495 for an appointment
- Go online to: [charitablehealth.kaiserpermanente.org/northern-california/](http://charitablehealth.kaiserpermanente.org/northern-california/) for enrollment help

### Medi-Cal Access Program (MCAP)

Provides low-cost health insurance to **middle income pregnant women** with no insurance, lasting up to 60 days after the end of the pregnancy.

- Go to [www.aim.ca.gov](http://www.aim.ca.gov) for how to enroll, who is eligible, and a paper application
- For enrollment help call 1-800-433-2611

### Medicare

Medicare is health insurance for **people age 65 and older**, and people with **disabilities**.

- Apply online using the online application at: [www.socialsecurity.gov/medicareonly/](http://www.socialsecurity.gov/medicareonly/)
- Visit your local Social Security office
- Call Medicare at 1-800-633-4227

## Need help with health insurance or to find a doctor?

Call Nicolas Carrera at the

### Family Health Line

1-888-604-4636

Monday - Friday from 8:30 am to 5:00 pm.



Alameda County Public Health Department,  
Perinatal Services and Family Planning, 2018