

Active Learning

By Melinda Bossenmeyer, Ed.D.



PE & Classroom Party Games **Christmas**

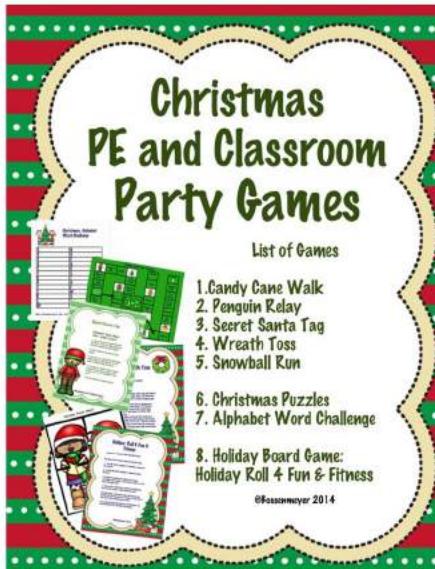
By Melinda Bossenmeyer, Ed.D.





Christmas PE & Classroom Party Games

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Christmas PE and Classroom Party Games

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Christmas: Alphabet Word Challenge

A	N
B	O
C	P
D	Q
E	R
F	S
G	T
H	U
I	V
J	W
K	X
L	Y
M	Z

Think of a Christmas word for letter. For Example: "C" = Candy Cane



Holiday: Roll 4 Fun & Fitness

Equipment: 2 dice per team and game board.

Use game board to move forward and roll 2 dice.

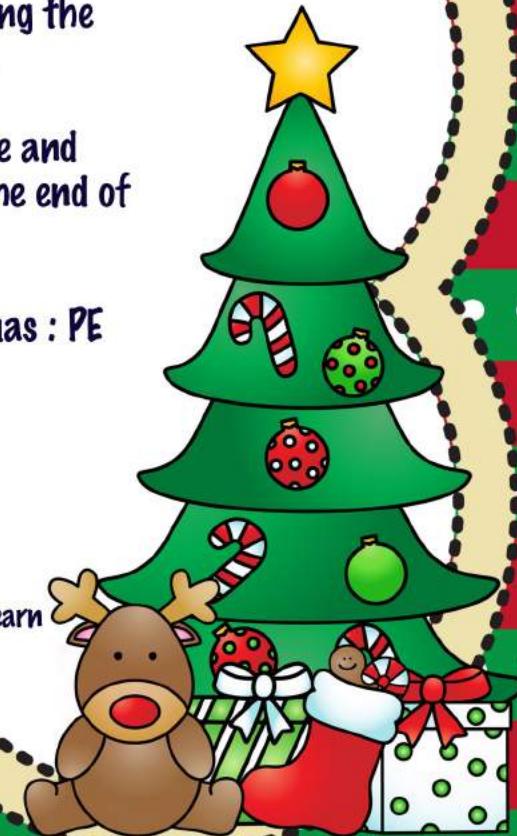
1. First die tells the number of repetition to perform the exercise.
2. Second die tells the number of spaces to move forward.
3. Move around the game board rolling the dice and performing the exercises. First team to make it to the end of the game wins.
4. This can be a whole class activity by dividing the class into two teams. Teams alternate turns.

Alternate game: Have both teams roll the dice and perform the exercises and try to make it to the end of their board first working concurrently.

If you enjoyed this game checkout out Christmas : PE and Classroom Party Activities and Games.

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Holiday: Roll 4 Fun & Fitness

	Reach to Sky	Hopping		Finish	START 
Elbow to Knee			Trunk Twists	Sit Ups	Jumping Jacks
High Knee Lifts			One Leg Stand		Toe Touches
Excellent Speed, Move Ahead 10!		Windmills		Push Ups	Trunk Twists
Run in Place			Run in Place	Reach to Sky	Windmills
			High Knee Lifts		Arm Circles
Jumping					
			Squats	Sit Ups	Push Ups

Penguin Relay

Equipment: 4 playground balls & 4 cones.

Objective: Be the first team to finish the relay by walking with a ball stuck between your legs.

Students line up in 4 teams of 7-8 each.

To start the relay the first person in each line puts the ball between their legs and waddles up around a cone and returns giving the ball to the next person in line.

Relay race continues with the next person in line.

The winning team is the team that finishes first after all players have walked like a penguin up and around a book or cone and back to the beginning spot.

Candy Cane Walk

Equipment: small candy canes, bowl with numbers, chalk & Christmas music.

Time: 10 min.

Set Up: Go outside and draw circles on the blacktop. Put numbers 1-10 inside the circles. If you have 30 students make three sets of 10 circles. Place them in a large circle.

1. Like a carnival cake walk students begin by walking around in a circle stepping in a circle as the walk
2. Music begins and all students begin walking around the circle. Music stops and students stop and stand in a circle. The teacher draws a number. All students standing on that number wins a candy cane.
3. Winning students leave game and begin eating their candy cane and the game continues. Music starts and stops and another number is called.
4. To make the game go faster, near the end, eliminate some of the circles so that there are not so many empty circles.
5. At time limit, all the remaining students are given a candy cane.



1

2

3

4

5

6

7

8

9

10

Candy
Cane
Walk

Secret Santa Tag

Equipment: Santa Clipart and Tape.

1. This game goes on concurrent with the party . A final activity near the end of the party is to see who has collected the most Santas.
2. Tape a Santa to the back of each player.
3. Students try to keep their own Santa while trying to sneak Santas off the back of friends during the party.
4. If a player is caught trying to sneak a Santa off the back of another then he/she is out for the remainder of the game and must give the Santa to the person catching them.

*** Please note: Clipart for Santas on separate enclosed sheet.**





Santa Sheet for Secret Santa Tag

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Christmas : Wreath Toss

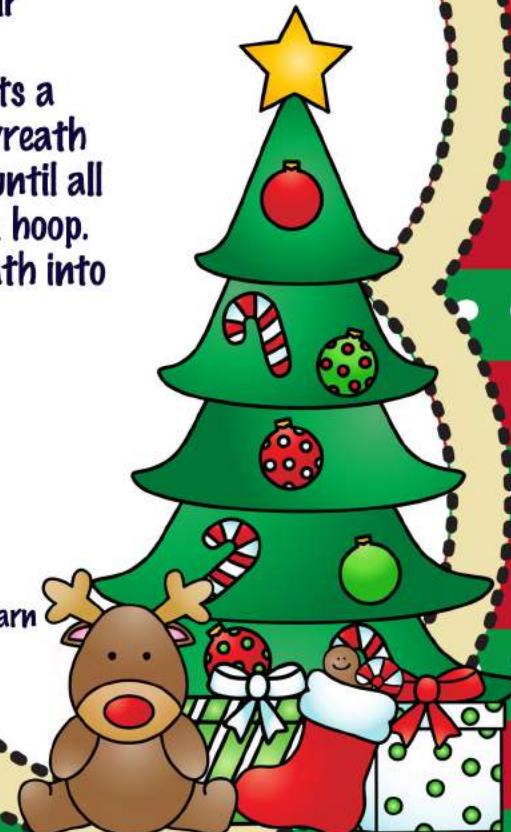


Equipment: paper plate for each student
5 hula hoops
Teams of 5-6 players

Start by giving students a paper plate and ask them to create a wreath with the paper plate. Tell them they can decorate it or color it for a wreath tossing game.

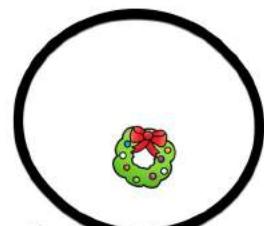
1. Scatter hoops around the room or playing area.
2. Have students form a line/team of 5-6 players.
3. Teams line up a few yards from a hula hoops.
4. The challenge is for each player to throw their wreath into the hoop.
5. If the wreath lands in the hoop, the team gets a point. If it misses then the child retrieves the wreath and it is the next child's turn to toss. Continue until all children have tossed their wreath into the team hoop.
6. First team in which everyone gets their wreath into the hoop wins.

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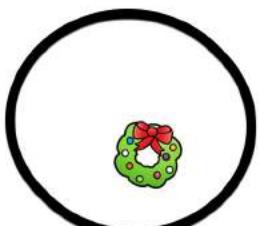


Christmas Wreath Toss

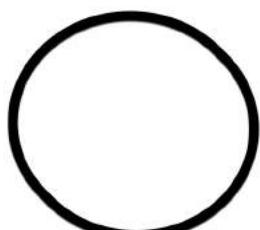
Set up for Wreath Toss with students in lines facing hoops.



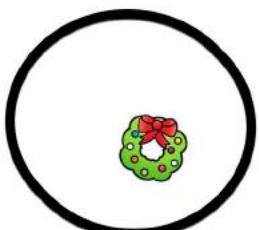
Bob Bob Bob Bob



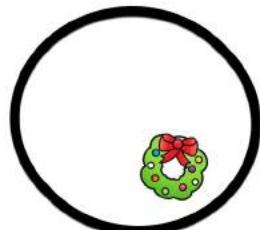
Bob Bob Bob Bob



Bob Bob Bob Bob



Bob Bob Bob Bob



Bob Bob Bob Bob



Snowball Run

Equipment: Wad up paper to make snowballs. 5 hoops.

Objective: Get the most snowballs in your area.

Place the following objects throughout the gym or classroom in a scattered formation - hoops and paper wads to make "snowballs" or wiffleballs if available.

Start with half of the snowballs in the hoops and the other half outside and beside the hoops.

Divide the class between two groups , the Elves and the Grinches.

One group will try to steal the snowballs from the hoops and place it on the outside , while the other group places the snowball from the outside into the hoop. The hoop may connote a "toy" or cookie tray for Santa . After a few moments count all the snowballs outside or inside the hoops . Switch positions and play again.

Christmas : Puzzle Relay



Equipment: 6 Puzzles (cut into puzzle pieces for this activity) you may want to store these in an envelope for future use.

Teams of 4 players

Start by having students in groups of 4 players that form a relay line, facing the puzzle, laying on the floor about 20 feet ahead of each line of students.

1. On the command "go" the first player in line runs forward and selects a puzzle piece and returns with it to the starting line.
2. Then the next runner goes and gets a piece of the puzzle and returns with the piece adding to the previous piece making the picture.
3. Game continues until the fourth runner retrieves the last puzzle piece and completes the puzzle.

If you have more than 24 students let the winning team sit out and replay the game for all other students.



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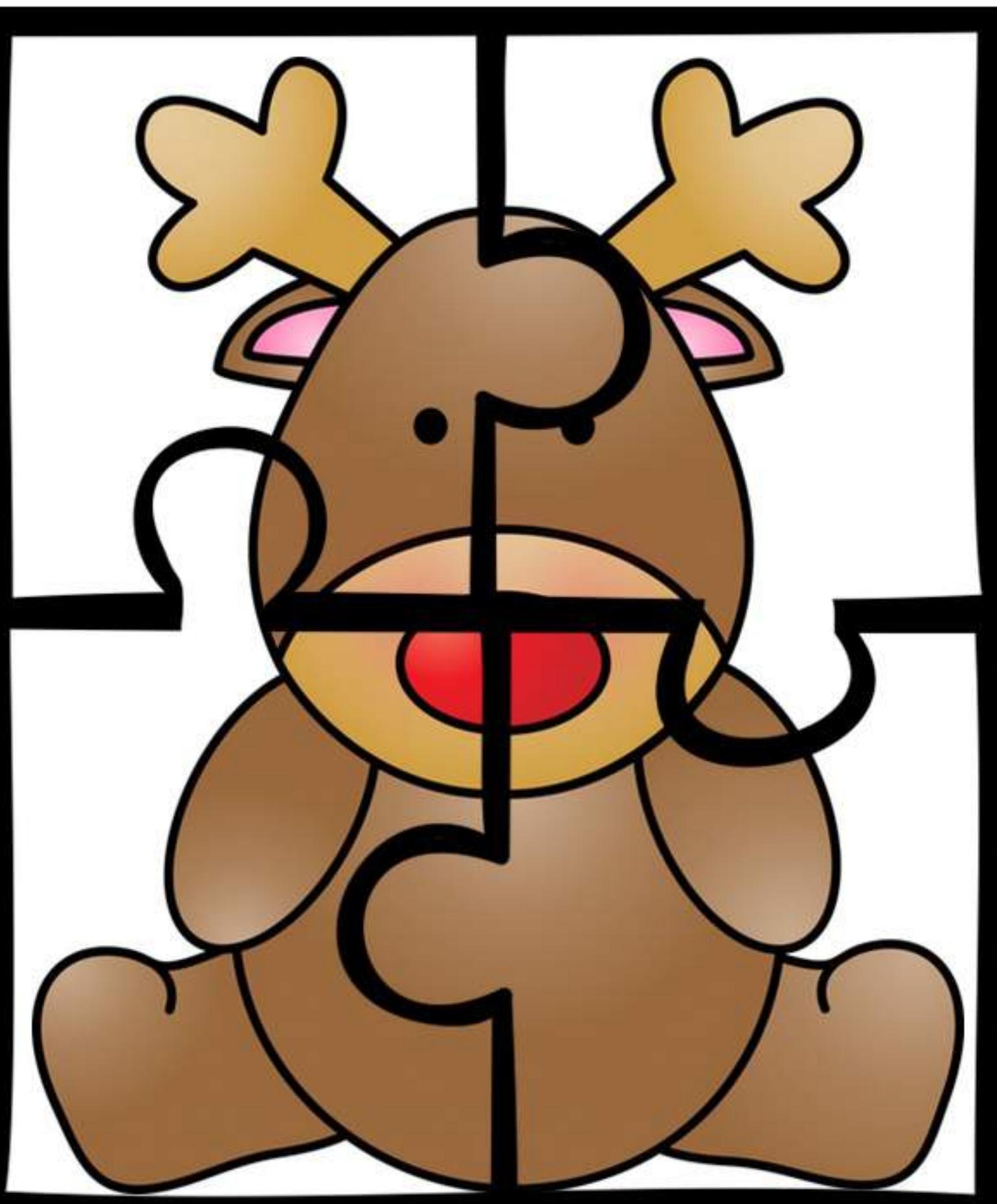
Christmas Puzzle Elfs



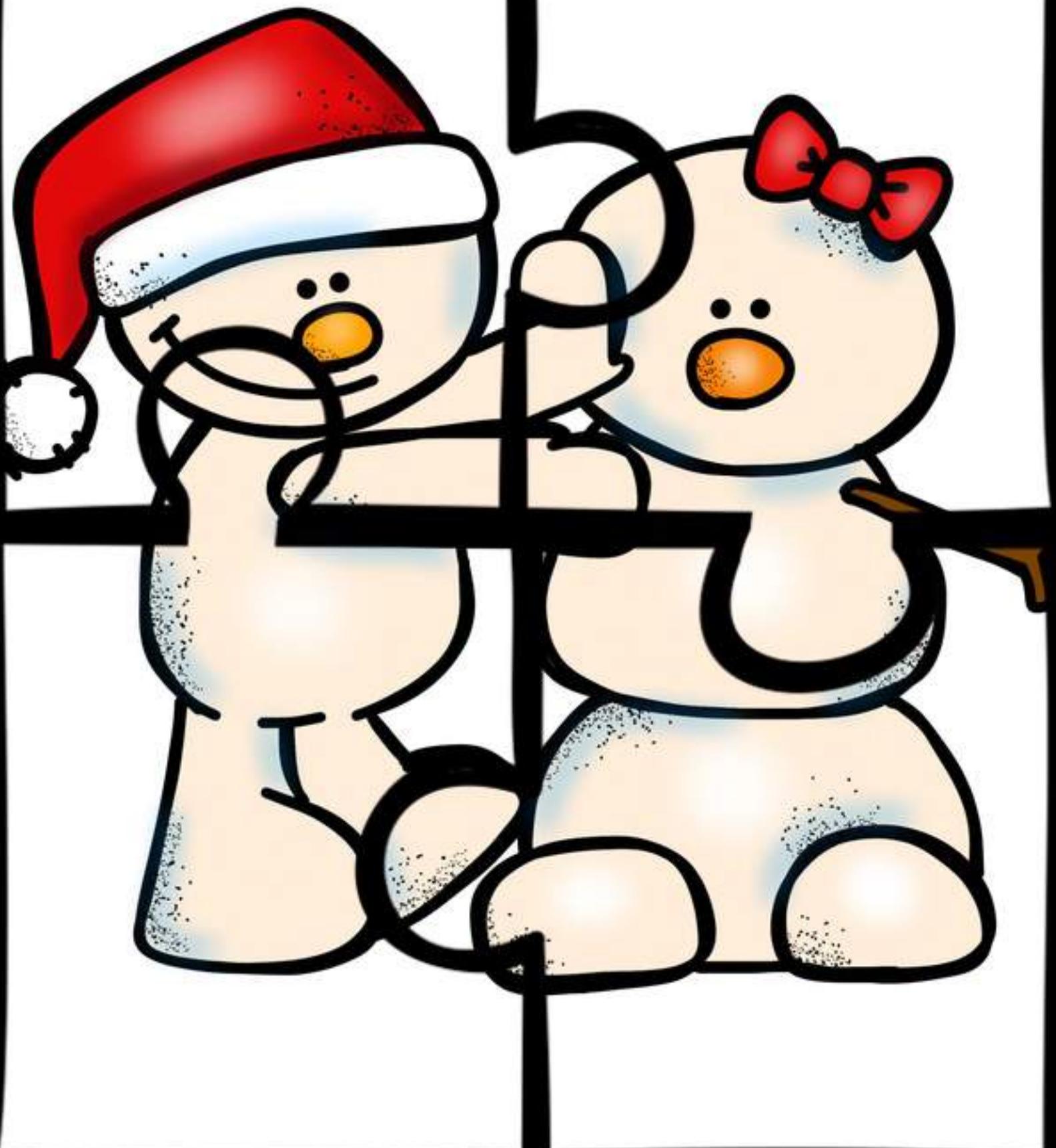
Christmas Puzzle Mr. & Mrs. Claus



Christmas Puzzle Rudolf



Christmas Puzzle Snowman



Christmas Puzzle Christmas Tree



Christmas Puzzle Singers



Christmas PE and Classroom Party Games



Credits

Frames: Sing, Smile, Learn

Clip Art: Whimsy Clips

Puzzles Templates: Creative Clips

Holiday Board Game: Creative Clips Template

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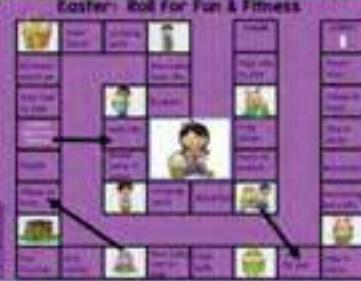
For inspiration, unique clipart, fonts and frames.

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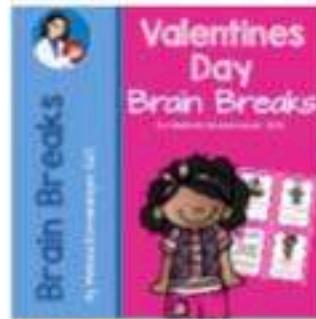
**"Roll for
Fun and
Fitness
Game
Boards"**





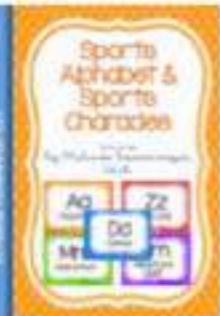
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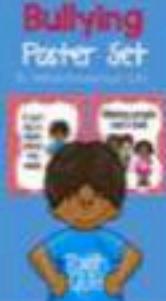
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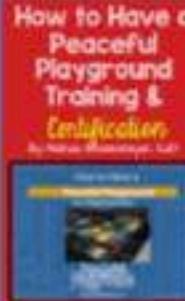
Posters



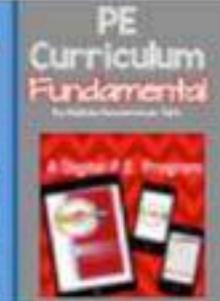
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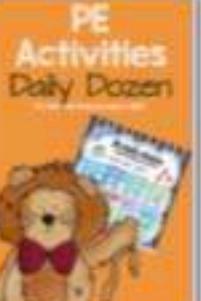
Training



PE Curriculum



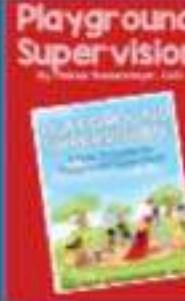
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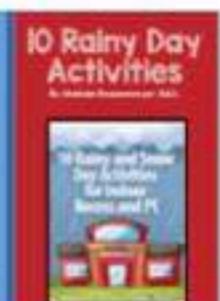
Books



Books



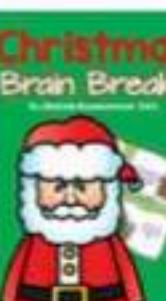
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Brain Breaks



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