



**Steve Springer of Quality At-Bats
"Mental Side of Hitting"**

Wednesday November 20th

6:30pm

**SLU Training Facility
25 East 25th Ave San Mateo**

Cost - \$75 for Players and Coaches

Parents are welcome to join their child at this event at no additional charge

Steve Springer is the former performance coach and Major League Scout for the Toronto Blue Jays. Despite not starting his Senior year in high school and getting cut in college, Springer went on to play over 14 years as a professional baseball player. He has over 35 years in professional baseball as a player, scout and player agent.

He now travels and speaks across the country about the mental side of hitting. Springer also works and trains some Major League players such as Paul Goldschmidt, Nolan Arenado, and A.J. Pollock to name a few. Check out www.qualityatbats.com to see some of the topics that will be discussed.

This is a great opportunity for players and coaches at all levels to learn about the mental side of hitting and get ready for the spring season. Don't miss out!

To secure your seat sign up at
www.slubaseball.com

Any additional questions please call or text 650-201-3480
