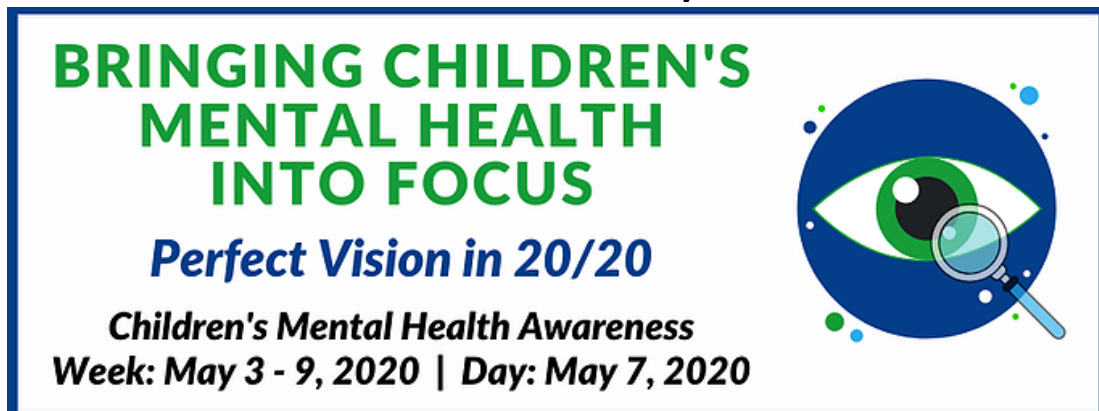

Vermont Federation of Families for Children's Mental Health



Children's Mental Health Day 2020 Mini Grants



VFFCMH is offering six \$250.00 mini grants for Children's Mental Health Day events across Vermont!

Are you planning to celebrate National Children's Mental Health Awareness Day and Week to highlight the importance of positive mental health from birth? VFFCMH would like to invite you to apply for a mini grant to help pay for your event.

Approximately 1 in 5 children in the U.S. have a mental health diagnosis and 5 million children and adolescents in the U.S. suffer from a serious mental illness that significantly impacts their daily life (NIH, 2016). Mental health is **essential** to overall health and well-being.

For 30 years, VFFCMH has supported families of young children, youth, and young adults with emotional, behavioral, or mental health challenges in Vermont to find the services and supports they need to meet their goals at home, school, and in the community. Children's Mental Health Day is an opportunity to celebrate the positive impact that VFFCMH and other organizations have

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WILLISTON, VT 05495
800-639-6071 * WWW.VFFCMH.ORG

on the lives of Vermont children, youth, and young adults and emphasize how we can work together to help young children, youth, and their families thrive.

Children's Mental Health Awareness Week Mini Grants - \$250.00

VFFCMH is issuing a request for proposals (RFP) for awareness activities and events across Vermont. Funded activities and events can range from positive social opportunities, community organizing, or mental health awareness campaigns. Our goal is to assist and empower our communities to raise awareness of children's mental health and positively impact their communities and the system of care.

Application Process:

- **Applications will be accepted starting March 15th 2020.**
- **Application deadline is end of business day April 3rd, 2020.**
- The proposal should contain the "who, what, when, where, and how" of the project/campaign/event(s) and a proposed budget.
- Funding decisions will be made by April 10th and checks will be processed and mailed by April 13th.

Other Information

- **All projects and activities must be completed by May 31, 2020 and advertised as part of Mental Health Awareness Month.**
- **Project evaluations must be completed and submitted by June 15th, 2020.**
- **Compensation checks will be written to organizations not individuals – Please include which organization the check should be written to and the address to send it.**
- We encourage regional organizations that support and advocate for children and youth's mental health to work together, as there are only six mini grants available.
- All project messages need to be positive and align with the VFFCMH's Children's Mental Health Awareness Week theme:
- This funding can be combined with other resources and funding.
- Applications can be submitted by email or regular mail
- **Priority will be given to projects held during Children's Mental Health Week May 3-9, 2020.**

Please submit applications to:

Paula Bacon

The Vermont Federation of Families for Children's Mental Health
P.O. Box 1577, Williston VT 05495

Phone: (800) 639-6071

pbacon@vffcmh.org



Children’s Mental Health Awareness Month Mini Grant Application 2020

Project contact person:

Organization:

Phone Number:

Mailing Address:

Email address:

Project Description: Provide a description of the project, how and where it will be implemented, and who you are partnering with to accomplish the project.

Objectives: Describe the project objectives. What do you hope to accomplish through this project?

Budget: Please provide a proposed budget including what resources will be needed, approximate prices, purpose of the purchase, and in-kind contributions.

Dates of Activities (to be completed by May 31, 2020):

Make check out to: (Name and Address of the Organization)