

Acupuncture at Stony Point 9109

Acupuncture for GI, Urology and Pelvic Health Diseases offered starting Sept.19 at Stony Point 9109 2nd FI Surgery Multi Specialty Clinic

Common conditions treated in CRS Acupuncture clinic:

- Abdominal pain
- Post-operative pain
- IBS
- Constipation
- Diarrhea/ loose stool
- Nausea
- Heartburn
- Fatigue
- Anxiety related to surgery
- Side-effects of chemotherapy including nausea and peripheral neuropathy
- Female pelvic pain

Referrals/ Scheduling:

- Call 827-0049 OR
- CPOE to Colon and Rectal Surgery OR
- Message to *Colorectal-West 15-Messages*

Pricing:

- No insurance is accepted for acupuncture
- Acupuncture without electrical stimulation \$66 for a 30 min. treatment and \$33 for a 15 min.; all initial appointments are 30 min.
- Acupuncture with electrical stimulation is \$72 for a 30 min. treatment and \$36 for a 15 min. treatment; all initial appointments are 30 min.
- Acupuncture payment will be collected prior to the session and posted to the patient's account

Anna Kutcher, MS, APRN, FNP-C
Division of Colon and Rectal Surgery



Anna Kutcher was introduced to acupuncture and Eastern medicine during a high school year abroad in Beijing by her host mother, who was both a surgeon and an acupuncturist. She went on to obtain a BA in Asian Studies with a focus on the history of Chinese medicine

and a Master's degree in acupuncture and Chinese medicine from the New England School of Acupuncture, the oldest acupuncture school in the US. Her clinical work in graduate school included an integrative health clinic serving patients with HIV, and was an inspiration to work in integrative health settings. After several years of private practice, she became a nurse with a dream to work in mainstream health care and bring acupuncture to a wider patient population. She has both her Bachelor's and Master's degrees in nursing from VCU, and is a current PhD student at UVA. Her nursing experience includes cardiology, cardiac surgery, hospice and palliative care. She is currently a nurse practitioner within the Division of Colon and Rectal Surgery.

About Acupuncture

The practice of acupuncture originated in the area now known as China. Many sources report that acupuncture is about 2-3,000 years old. Acupuncture is perhaps the most well-known modality of Chinese medicine in the West and it involves inserting fine needles under the skin into specific points determined by individual evaluation of the patient.