

RESET!

Spirit·Mind·Body



The Rearview Mirror is Small For A Reason

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Isaiah 61:7

"Instead of my former shame I shall have a twofold recompense; instead of dishonor and reproach I shall rejoice in my portion."

Every one of us has monkeys on our back and skeletons in the closet. We all have things we have done in the past that we are truly ashamed of and embarrassed by. I am no exception. In fact, over 10 years ago I was in a very dangerous and dark place with death literally knocking on my front door. I had become physically, mentally, emotionally, and spiritually bankrupt and did not care if I lived or died. Fortunately, God had good plans for me and my life and gave me a direct word in January of 2012. It was then I realized that God does not make mistakes, including creating me. It was at that moment I knew I had to find a new path to walk; one that included walking hand in hand with Jesus.

For the next few years, I endured an intense healing process that allowed me to face my demons head-on and deal with the mistakes of my past. I created a daily "God habit" where each morning I spent intimate time with God asking for ongoing strength and support to successfully get through the day. With each passing day, I became stronger and eventually was able to forgive myself for my past and love myself in a balanced way. It was a complete restoration and one of the most freeing experiences I have ever had, and in doing so, Jesus showed me how much he truly loves me, no matter my character defects nor shortcomings.

We are blessed to have a heavenly Father who loves us unconditionally. He wants what is best for us if we allow Him to have control of our lives. This means completely submitting yourself to Jesus and following his example of humility and gratitude. In doing so, He will bless you beyond your wildest dreams just as I have been. I now can look at myself in the mirror and smile knowing God is using me to bless others. It has become an amazing journey to walk with Him with each new day.

Next time you take a seat in your vehicle, take notice how small the rearview mirror is compared to the front windshield. It is small for a reason - the past is the past and there is nothing you can do about changing it. However, by keeping yourself dependent upon God, he will replace any shame and embarrassment with reason after reason to rejoice.