

**CENTRAL VERMONT COUNCIL ON AGING SEEKS  
GIFTS AND VOLUNTEERS FOR HOLIDAY SEASON**

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**November 3, 2017, Barre VT** On Christmas Day, Central Vermont Council on Aging (CVCOA) partners with dozens of community volunteers and local businesses to prepare and deliver hot, holiday meals and “shoebox” gifts to elder Vermonters. Many of these folks live alone, without family or friends to share in the holiday. For many isolated elder Vermonters, having a visitor bring them a holiday meal and gift is the highlight of their day.

CVCOA is asking community members, including companies and churches, to donate new gift items in shoeboxes. Gift items should be suitable for any adult regardless of gender. Warm gloves and hats, socks, slippers, toiletries; note pads, pens and stamps; gift cards; flashlights and batteries; pot holders, kitchen towels, and mugs will be accepted.

You may deliver your gift to Central Vermont Council on Aging offices, located at 59 N. Main Street, 2<sup>nd</sup> Floor, Barre, VT 05641, from 8:30am-4:30pm, by December 15. Central VT Council on Aging staff and volunteers will gift wrap. Pickup can be arranged for groups with multiple boxes. If you are unable to fill a box but would like to donate individual items, we would be happy accept individual items to add to boxes we assemble. We also have many roles for volunteers, including delivering hot meals and shoebox gifts, gift wrapping, or providing administrative support. We also need volunteers to help staff to set up, coordinate deliveries, and clean up on the day of the event. To volunteer for go to [www.cvcoa.org/volunteer](http://www.cvcoa.org/volunteer).

Central Vermont Council on Aging welcomes financial donations designated for this holiday event, or for our many services for aging persons. Contributions can be mailed to the above address, or made online at [www.cvcoa.org/donate](http://www.cvcoa.org/donate). For further information, to arrange a pick-up of group gift shoeboxes, or to volunteer please contact us at (802)479-0531.

Central Vermont Council on Aging thanks all of our community partners who come together every year in support of this holiday giving event for aging Central Vermonters. Thank you for remembering elder Vermonters in your community!