Session 11: November 13

Dear Parents and Guardians,

For the second time this quarter, boys and girls have studied a passage written by Paul teaching the church about the role of the Holy Spirit. As the Holy Spirit works in the lives of believers, they reject the desires of their sinful nature (flesh) and begin to produce spiritual fruit. The fruit of the Spirit is outlined in Galatians 5:22-23. Believers who follow the leading of the Spirit will see evidence of the fruit in their lives. Review each fruit of the Spirit with your family and use a Bible dictionary to look up the words. Then check out the discussion questions on the back of this week's Family Card.

BIBLE PASSAGE: Galatians 5–6
MEMORY VERSE: Galatians 5:22-23
BIBLE VERSE: John 16:13a
OLDER KIDS TEXT TRUTH: The Holy Spirit helps us resist sin, obey God, and produce spiritual fruit.
YOUNGER KIDS TEXT TRUTH: The Holy Spirit helps us resist sin and obey God.

Following the Holy Spirit
Galatians 5–6

One day Paul wrote a letter to the churches of Galatia. Paul wanted the church to completely understand the truth of the gospel and reject the things they were hearing that were not true. Toward the end of his letter, Paul gave the believers some instructions, "Serve each other with love. Listen to the Holy Spirit and follow what He tells you to do. Don't be tempted by the flesh (your sinful nature)."

Paul warned the believers not to practice sinful behaviors like hatred, envy, jealousy, and so on. Instead, believers should exhibit the fruit of the Spirit. The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Believers should obey the Holy Spirit and resist sin.

Paul explained that the believers should gently help anyone who sins to turn away from their sin. And they should be careful not to sin too. Followers of Jesus are to help each other out. Paul concluded by saying, "Examine your own work and do not compare your work to someone else's work. What a person plants, he will grow and harvest. Do not grow tired of doing what is good. Work for the good of all, especially other believers."