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“The two most powerful warriors are patience and time.”

Leo Tolstoy, War and Peace

Time

By Eric Ehrke, LCSW, LMFT

Time comes and goes, but waits for every man, woman and child regardless. Humanity likes to play and watch its creations grow. A place holder, time holds space so we can manifest our

dreams and explore our divine nature. Of course, time doesn't pick sides or cares what we do. People say time is speeding up, but this is not true except when we access the fourth dimension. This article will explore these other perceptions about time.

"The key is not spending time, but investing it"

Steven R. Covey, author of Time Management Matrix.

The fourth dimension is a place where time does not exist in the same way as we currently experience it on earth. Manifestation in the third dimension is like the slow tortoise in the mythical race against a speedy fourth-dimensional rabbit. It takes consistent energy, intention, and strict adherence to manifestation techniques to consciously manifest our dreams.

Most people don't really understand that they are creating their internal and exterior realities, due to the length of time it takes to experience their manifestations. In the fourth dimension, time begins to bend and loop onto itself, which creates vortexes that speed up the creative process significantly. The same manifestation principles apply in both dimensions, but time shortens in the fourth.

Consider the fact that we are fourth-dimensional beings already. Most of us have experienced a situation where time sped up or slowed down during a peak-experience moment. We've always had the power to suspend time and created those experiences whether we're aware of it or not. So, consider the possibility that we are more amazing than we think. These forces of nature are real and can be creatively embraced once the appropriate understanding is achieved.

Time has stood still multiple times in my life, but the following event at our family's lake cottage stands out as poignant example of a crisis that triggered my first fourth-dimensional experience. When I was a thirteen my best friend and I were avid slalom skiers. There was a tall tree leaning over the water at a seventy-degree angle, that became a test of courage for my group of friends



to slalom underneath. The water was dangerously shallow under that tree, with rocks ready to greet anyone making a mistake. With skill and luck, a good skier could get low and glide underneath it.

One day I took a bad angle skiing under that tree. When my keel hit a large rock, my ski stopped cold, and I started flying above the water at thirty-five miles per hour. Time stood still as I assessed the situation, flattened out parallel to the water, and calmly planned my survival strategy. Skipping over the water like a skimming stone, I used my hands and shoulders as shock absorbers. I escaped injury a much wiser young man, with only a few small stones embedded in the fleshy parts of my hands.

“Time is the wisest counselor of all”

Pericles

Light shines brilliantly at dawn and beautifully at dusk. Life goes on and it is up to us to decide what suits our fancy. It was an easy choice to never ski under that tree again. Time always provides the space and the conditions to help us make a choice. It is our vehicle for which change occurs. Earth makes us choose what to do every day and so we can learn about the consequences of each choice. Time provides the opportunity for our dreams to grow, mature and eventually manifest or not. The manifestation process is instantaneous on the other side of the veil. Time slows things down for us to learn the step-by-step process of how our creations grow on earth in a way everyone could understand. Time will tell and has seen it all.

Have you ever noticed how often people are really talking about themselves, when questions around time are brought up? When time has done its job well, the universe's mirrors let us see our reflection. Time lets us experience whatever we want on earth and will not get in the way. Have you wondered why no one admires, reverses or loves time? The fact that this never happens is a form of a compliment, because time prefers to remain in the background. Then we can have the most amazing time on earth we can imagine for as long as we want without heeding or honoring time for the opportunity for doing so. Life is a journey and time is the vehicle that gets us where we want to go. Time serves us all for eternity with love, honor and respect for all.

Human good turns out to be activity of soul exhibiting excellence, and if there is more than one sort of excellence, in accordance with the best and most complete. For one swallow does not make a summer, nor does one day; and so too one day, or a short time, does not make a man blessed and happy.

Aristotle



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