

APRIL 13, 2025

PALM SUNDAY OF THE PASSION OF THE LORD

PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST



SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John
Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict
7:00 PM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
(except **1st** Wed and **1st** Thurs,
refer to School Masses)
Fri: 9:00 AM at St. John
Sat: 8:00 AM at St. Alphonsus
(except **1st** Sat: 9:00 AM at St. John)
School Masses: All are welcome!
1st Wed: 8:45 AM at St. Alphonsus
1st Thurs: 9:00 AM at St. Benedict
1st Fri: 9:00 AM at St. John

CONFESION

Saturday: 4-4:45 PM at St. Alphonsus
4:30 PM at St. John
First Thursday Confession and Adoration:
7-8:00 PM at St. Alphonsus



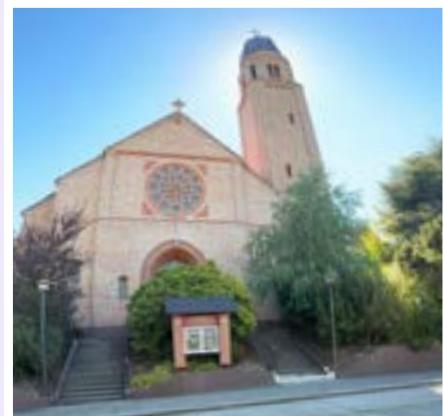
ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107
Phone: 206-784-6464
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Website: <https://stalseattle.org>



ST. BENEDICT PARISH

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Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

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Website: <https://stjohnsea.org>

THIS WEEK'S CALENDAR

April 13, 2025

PALM SUNDAY OF THE PASSION OF THE LORD

Lk 19:28-40 (37)/Is 50:4-7/Phil 2:6-11/Lk 22:14—23:56 or 23:1-49 (38)

| | ST. ALPHONSUS | | | ST. BENEDICT | | ST. JOHN | |
|---|--|--|--|--|---|--|--|
| April 13 PALM SUNDAY OF THE PASSION OF THE LORD | 9 AM | Mass | | 11 AM | Mass (Livestream) | 8:30 AM | Mass |
| | 10 AM | Coffee & donuts after Mass hosted by the school | | 12 PM | Social Hour | 9:30 AM | Lectio Divina |
| | 10 AM | HNS Meeting | | 12:15 PM | Small Group: Restore | 10:30 AM | Mass with CLOW |
| | 10:30 AM | First Communion Class | | 12:15 PM | Children's Initiation Class | | No Coffee & Donuts today |
| | | | | 5 PM | Grief Support Group | | |
| | | | | 5:30 PM | Youth Confirmation Class | | |
| | | | | 7 PM | Mass - CANCELLED | | |
| April 14 Monday <i>Saint John Baptist de la Salle, Priest</i> | 7:30 AM | Daily Mass RIP: Michael Hansen | | 7 PM | Gospel Study | | |
| | 7 PM | OCIA Classes at the Family Center | | | | | |
| | 7 PM | Men's Group: Restore | | | | | |
| April 15 Tuesday | 7:30 AM | Daily Mass INT: Peggy Milnes | | 9 - 11 AM | Adoration (Every Tuesday of Lent) | | |
| April 16 Wednesday | 7:30 AM | Daily Mass INT: Steve Sifferman | | 7 PM | HCSJ Meeting - Parish Center | | |
| | 2:30 PM | Student OCIC Class | | | | | |
| April 17 Thursday <i>Holy Thursday</i> | | | | 12 PM | Fitness Group | 3 - 4 PM | Family Adoration (Every Thursday of Lent) |
| | | | | | | 7 PM | Mass of the Lord's Supper |
| | | | | | | 8:30 PM - 12 AM | Adoration following Mass until midnight |
| April 18 Friday <i>Good Friday</i> | 8:15 AM to 5 PM | Adoration Chapel open, contact office for more information Parish Office is CLOSED | | 3 PM | Organ Passion by Charlie Hiestand | | |
| | | | | 7 PM | Good Friday Service Parish Office is CLOSED | | |
| April 19 Saturday <i>Holy Saturday</i> | 8:30 PM | Easter Vigil Mass | | 10 AM | Easter Prep Day | | |
| April 20 EASTER SUNDAY OF THE RESURRECTION OF THE LORD | 9 AM | Mass | | 11 AM | Mass (Livestream) | 8:30 AM | Mass (Livestream) with Brass |
| | 10 AM | Coffee & donuts after Mass hosted by the school | | 12 PM | Social Hour | 10:30 AM | Mass |
| | 10 AM | HNS Meeting | | 7 PM | Mass - CANCELLED | | Easter reception after both Masses |
| | 10:30 AM | First Communion Class | | | | | |
| | For livestream and recorded masses, click the links: | | | https://parish.stbens.net https://www.facebook.com/stbenSeattle | | www.stjohnsea.org/live-stream-masses | |



Sign up to **get notified of mass cancellations** or mass time changes.
<https://bit.ly/PF14NotifyMe>



LENT AND TRIDUUM CALENDAR:
Note: Updates are highlighted in red.
<https://bit.ly/Lent2025Cal>



Subscribe to **weekly bulletin and newsletter**.
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions, concerns and feedback** about our Parish Family.
<https://bit.ly/PF14Queries>



FROM THE PASTOR'S DESK

LATEST

PASTORAL LEADERSHIP COUNCIL



We're excited to announce that the nine dedicated members of our Parish Family's **Pastoral Leadership Council (PLC)**, who will help guide our Parish Family with wisdom, faith, and service, is set to have their first meeting on **May 7, 2025**. This marks the beginning of their journey in leadership and pastoral planning.

Let's keep them in our prayers as they serve our parish with dedication and love!

Note: PLC members' names to be announced soon!



DESIGN COMMITTEE

Our Parish Family is forming a **Design Committee** to help create a shared identity for our three parishes.

This team will work on things like logos, branding, and communication materials to make sure our parish family looks and feels welcoming and unified.

A big thank you to those who stepped up to share their time, talents, and skills for this important work!

The first meeting is set for **May 2, 2025**, where they'll start brainstorming ideas. **If you're interested in joining or contributing, there's still room for you!** We'd love to have more voices and creative input.

Keep this team in your prayers and stay tuned for updates!

HOLY WEEK AND EASTER SCHEDULE

PALM SUNDAY VIGIL, APRIL 12

5:00 PM | St. Alphonsus Church

5:00 PM | St. John Church

PALM SUNDAY, APRIL 13

8:30 AM | St. John Church

9:00 AM | St. Alphonsus Church

10:30 AM | St. John Church

11:00 AM | St. Benedict Church

HOLY THURSDAY, APRIL 17

7:00 PM | St. John Church

GOOD FRIDAY, APRIL 18

7:00 PM | St. Benedict Church

EASTER VIGIL, APRIL 19

8:30 PM | St. Alphonsus Church

EASTER SUNDAY, APRIL 20

8:30 AM | St. John Church

9:00 AM | St. Alphonsus Church

10:30 AM | St. John Church

11:00 AM | St. Benedict Church

PARISH FAMILY

PICNIC



JULY 13, 2025
SUNDAY, 12PM
ST. JOHN PARKING LOT



SAVE THE DATE!

**DO YOU HAVE QUESTIONS, SUGGESTIONS
OR FEEDBACK ABOUT OUR PARISH FAMILY?
FEEL FREE TO ASK!**

Please visit the link or scan the QR code.

[https://bit.ly/
PF14Queries](https://bit.ly/PF14Queries)



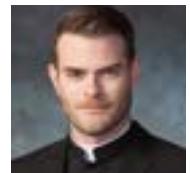
FROM THE PASTOR'S DESK

My Dear Friends,

This coming week we are entering Holy Week. However, it will be the first time we will be experiencing it as a Parish Family.

Letter

FROM THE
PASTOR



Why do this together? One thing that I have said in different contexts is that the things that make people one, is a *common work* and *God's grace*. Walking a path together isn't an abstraction for us, it isn't symbolic, or at least it ought not to be. We actually need common experiences of labor, prayer, and communion to become open to God's grace. Just as we have bodies that experience trials and joys that change our hearts, so we as a people need concrete experiences to change our community. That is why I have proposed Holy Week as one family.

What I would ask of you this Holy Week is threefold: actually *attend* Triduum services, *observe and take note* of what you see and feel, and *ask for Jesus to speak to you* (aka, pray). Why? Because I want us to become aware of what God is doing in us and thru us; *we cannot become aware of His work unless we experience, observe, and pray*. In fact, these are the primary actions I desire of all of us in Partners in the Gospel. Holy Week this year is meant to be an analogous experience to Partners in the Gospel.

We are finishing up our first year of the process and we will be beginning the next stages soon. For our community to experience God's grace we must participate personally. There is no room for a posture of consumerism or passivity in this process.

God has given us a great gift this year: over 50 people entering His church, 30 of which will be baptized. This is AMAZING. But it is also a sign to us from Jesus. He is not leaving us alone and He is doing great things and Good Gifts are always Promises for More. Partners in the Gospel process is meant to set us up for more of this.

At this point, I want to give you an update on where we are in relation to Partners in the Gospel and what is coming up next. In light of that, I'd ask that you watch this Currently Reality Report from the archdiocese as a background:

<https://ow.ly/MCgM50VwSQZ>

This year, we have been in the "get to know you phase" which has been complex since we have three churches and three schools. So far this year, we have operated with one full time priest, myself, and a handful of other priests, notably: Fr. Ryan, Fr. Sherrard, Fr. Daniel OP, and Fr. Ignatius. I am so grateful to them for their help to me and to us. We have begun unifying our communications, hired staff for the parish family (Dani and Racquel), and unified our meeting schedule for Pastoral and Finance Councils. There will be more developments to come in these areas. However, the next one you will see is the announcement of our Parish Leadership Council which will be the overall parish council of our family that helps us discern where the Holy Spirit is asking us to change in order to become more effective evangelizers. This Parish Leadership Council (PLC) will be assisted by my Pastoral Leadership Team or PLT (made up of key staff). The PLC members will be announced after Easter. Currently, nine parishioners from our three churches have committed to this group. I don't want to announce them now since I want us to meet for the first time and get grounded a bit. What is their role? They are the main body of parishioners who advise me and the staff through prayer, discussion, and hosting listening sessions for all parishioners about what is the Lord's desire for us. They are also the conduits for questions, concerns, joys, and trials to be expressed to me and the PLT. They are made up of school parents, long-time invested parishioners, and they are all disciples open to the Lord's will for us.

The PLC, PLT, and myself will begin the next phase of the process: Who are We? This phase asks the questions: what are our gifts as parishes and what are our challenges? We will hold listening sessions for the first question and collect readily available data for the second question. Also, they will help pray into other tactical issues Mass times/mass counts and other strategic aspects of unifying our family.

So, with that my friends, I want to say one last thing: THANK YOU! Thank you for your openness to all that has been happening, thank you for the questions you have asked, thank you for your participation, thank you for your prayer, thank you for your common sense, and thank you for being you! If there is one thing I hope for in the coming seasons, it's that I continue to get to know you better. As your pastor, I don't see you enough, and you are worth being seen and known!

Blessings,
Fr. Parrish
Pastor: St. Alphonsus, St. Benedict, St. John the Evangelist

P.S. I have done quite a bit of writing/retreat giving this Lent. Follow the QR code if you want to read through all my teachings from the last six weeks: "Lent, a Time of Hope," "What is the Nature of Work," and "The Silver Lining of Sin: How God Desires to Save Us."



[https://bit.ly/
FrParrishTeachings](https://bit.ly/FrParrishTeachings)

UPCOMING EVENTS

HAPPENING TODAY!

WELCOMING *New Beginnings* GRIEF SUPPORT GROUP

If you are mourning the loss of a loved one, please join our Parish Family Grief Support Group meeting.

Passion Sunday, April 13, 2025
5:00 to 6:45 PM
at St. Benedict Parish Center



For questions, contact Maggie at margaretalquist1@gmail.com

GOOD FRIDAY

ORGAN RECITAL

APRIL 18, 2025
3:00 PM

INSIDE ST. BENEDICT CATHOLIC CHURCH



CHARLIE HESTAND
Former Musical Director
of St. Benedict Parish

PARISH FAMILY HIGHLIGHTS



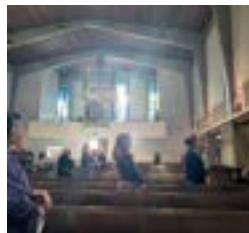
Stations of the **CROSS**



April 4, 2025
St. Alphonsus Church

&

Fish and Chips **Lenten Supper**



FAITH IN FOCUS



FORGIVENESS AT MASS

THE SACRAMENT of Penance is the Church's special celebration of pardon, but forgiveness of sins is also one of the fruits of the Mass. There are many moments throughout the Eucharistic celebration when the texts and gestures of the Mass express the community's sorrow for sins.



We begin with the Penitential Act, which includes striking the breast in a simple gesture of sorrow. The presider then asks that God have mercy on us and forgive our sins. On Sundays, this penitential rite may be replaced with a sprinkling rite, signifying our purification. While singing the Glory to God and the Lamb of God, we ask the One who takes away the sins of the world to have mercy on us. When the deacon or priest kisses the Gospel, he prays that its words may wipe away our sins. While washing his hands, the priest asks God to wash away his iniquity and cleanse him of sin. During the Lord's Prayer, we all ask God to forgive us our sins.

And, of course, the sharing of Communion itself forgives sins (*Catechism of the Catholic Church*, 1393–1394). The main purposes of Mass are to express thanks and praise to God and to sanctify the assembly through Holy Communion. But one of the other results is the forgiveness of sins.

The faithful who are aware of grave sin should celebrate the Sacrament of Penance before presenting themselves for Communion. Reconciliation is advised for all, no matter how light our sins may be. But the faithful struggling with ordinary sinful lives may find assurance that their participation at Mass will grant forgiveness through word, gesture and sacrament.

Bulletin Inserts for the Liturgical Life of the Parish: Gestures, Postures, and Customs of the Liturgy © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.

SAINT OF THE MONTH

Blessed Carlo Acutis

1991 - 2006

Beatified: October 10, 2020

A London-born teenager nicknamed "God's influencer" for his online skills will be made a saint in April.



Carlo Acutis, who died of leukemia in 2006 at the age of 15, will be the first millennial - a person born in the early 1980s to late 1990s - to be canonized by the Catholic church. Pope Francis previously cleared the way for him to be made a saint by attributing a second miracle to him in May.

The teenager has also been labelled "the patron saint of the internet" for his work recording miracles online and running websites for Catholic organizations. He was previously beatified - attributed his first miracle - in 2020, the healing of a Brazilian child diagnosed with a congenital disease.

Though Carlo Acutis was born in the UK, he died in Monza, in Italy, having spent much of his childhood there. His body was moved to the town of Assisi a year after his death, and it currently resides on display alongside other relics linked to him.

Mr. Acutis gained his nickname partly by designing websites for his parish and school, but he mainly became known for launching a website seeking to document every reported Eucharistic miracle. The website was launched online days before his death and has since been translated into several different languages, and used as the basis for an exhibition which has travelled around the world.

Miracles are typically investigated and assessed over a period of several months, with a person being eligible for sainthood after they have two to their name. For something to be deemed a miracle it typically requires an act seen to be beyond what is possible in nature - such as through the sudden healing of a person deemed to be near-death.

The second miracle attributed to Mr. Acutis came in 2024, when a university student in Florence was healed despite having bleeding on the brain after suffering head trauma. Pope Francis told an audience at the Vatican that the teenager would be made a saint during the weekend beginning 26 April.

Source: <https://www.bbc.com/news/articles/cpvzpxgzpnl0>

PARISH FAMILY LEADERSHIP TEAM

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Principal, St. John the Evangelist School

Abby Mansfield
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Saint John the Evangelist Parish

PARISH NEWS

EASTER MASS VOLUNTEERS!

We invite children to help with our Easter Sunday 10:30am liturgy!

Roles include readers, gift bearers, and ushers/worship aid distribution. We also need a few adults to assist and guide the children!

Questions? Want to help? Contact Julia Rudden at jrudden@stjohnsea.org

RECEPTION AFTER EASTER MORNING MASSES!

Please join us in the Parish Admin Building after the 8:30am and 10:30 am Masses for an Easter reception. Come and see the friends you know and meet some new ones! We look forward to seeing you on Easter Sunday!



IT'S THAT TIME!
PLEASE SUPPORT THE
2025 ANNUAL
CATHOLIC APPEAL!

Look for your letter from Archbishop Etienne coming soon inviting all of us to support the many essential ministries and services of the Archdiocese through the ACA.

St. John's goal this year is **\$97,114**. Each dollar makes a difference toward helping so many in the wider community of Western Washington. Also, every dollar raised over our goal comes directly back to St. John!



Please consider participating in this important ministry. The quickest and easiest way to donate is to give online. Please use the QR code, or go to <https://archseattle.org/giveACA>

LITURGICAL MINISTRIES

Did you know it takes 9 ministers to celebrate each Mass? Please consider volunteering in one of these important positions.

If you are interested, please go to our website at www.stjohnsea.org/mass-ministries. All ministries at St. John Parish/School require Safe Environment training. Please contact Sheila Marty at the Parish Office or email smarty@stjohnsea.org. Note: Volunteering at mass helps meet school volunteering commitment.

Our **Brass Quintet** will be joining the 8:30am Choir with Tyler Pattison at the organ for the 8:30am Mass on Easter Sunday at St. John. They will be playing music composed by Tyler as well as traditional tunes.



CALLED TO SHARE BREAD FOR LIFE

Holy Week, a sacred time in the liturgical year, invites us to journey with Christ through his Passion, Death and Resurrection. As we witness the Last Supper and Jesus' gift of the Eucharist, we are reminded of our call to be bread broken for others. Let us draw strength from the Bread of Life and dedicate ourselves to serving our sisters and brothers who bear heavy crosses, bringing hope and the joy of the resurrection to the world. Visit crsricebowl.org/holy-week to learn more.



1ST QUARTER TAX STATEMENTS COMING SOON

Thank you for your financial support of St. John Parish. We know that Stewardship is an important and personal decision that is not taken lightly. Each quarter we provide giving statements to you. This way, you are able to check the accuracy of your contributions and update your contact information. You will receive your statement soon via email or regular mail. Please feel free to contact Teresa Gillett at the Parish Office 206-782-2810, ex 355 or tgillett@stjohnsea.org with any questions or updates.

family ADORATION

Thursdays during Lent
3:00 - 4:00 PM
St. John Adoration Chapel



PARISH STAFF

Pastor

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pastor@parishfamily14.org

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School Principal

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206-782-2810 ext 310



Saint John the Evangelist Parish



If you would like to donate to our **St. John the Evangelist conference of the Society of St. Vincent De Paul**, you can use the SVdP envelopes, the QR code, or donate online at <https://bit.ly/PushpaySJ> and select the St. Vincent de Paul fund.

The neighbors who are helped by our conference appreciate your generosity.



ST. JOHN BOOK CLUB



The book club will meet on **May 4**, in the Parish Admin Building, to discuss ***The Master and Margarita*** by Mikhail Bulgakov. According to Goodreads, it is an audacious revision of the stories of Faust and Pontius Pilate. *The Master and Margarita* is recognized as one of the essential classics of modern Russian literature. The novel's vision of Soviet life in the 1930s is so ferociously accurate that it could not be published during its author's lifetime.

LORD HEAR OUR PRAYER...

Please remember the following people who are ill, homebound or need your prayers this week: Megan Yoshimura, Tom Sterling, Bishop Monfort Stima, Ron Magdaleno, Scott Tom, Tom Hemmen, Ed Uskurs, Mary Volk, Colleen Bradley, Grace Kapa, Matthew Singarayar, Allen Barrios Fletcher, Betsy Burbank, the McDonagh family, Kathleen Pozarycki, Jackie Courtier, Lillian Stanley, Linda Piza, Larry Madsen, Jeff D'Amelio, Lillian Yamamoto, Marnie Ahern, Jack Piza, Joe Crowe, Shirley De Vera, Shalini Pereira, Rebecca Kennedy, Julie Gage, Scott Wolstein, Marcela Gruscynski, Maria Socorro M. Ortiz, Dawn Walton, Gary Sharp, and Angela Lizette.

For those who have died, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: To request a prayer, please call the Parish Office or use the QR code or this link: <https://bit.ly/PF14Prayer>



The prayer list is updated monthly. To keep your request active, please resubmit it each month.

Week of April 6, 2025

MASS ATTENDANCE

| | |
|------------------|-----|
| Saturday, 5 PM | 90 |
| Sunday, 8:30 AM | 161 |
| Sunday, 10:30 AM | 162 |



Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

PARISH COLLECTION

| | |
|---------------------------|---------------------|
| Mass Collection | \$ 3,438.05 |
| Online Donations | \$ 10,127.45 |
| Mailed-in | \$ 2,692.00 |
| Total Collection | \$ 16,257.50 |
| <i>Weekly Budget</i> | <i>\$ 15,596.00</i> |
| <i>Over Weekly Budget</i> | <i>\$ 661.50</i> |

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



ST. ALPHONSIUS
ST. BENEDICT PARISH
ST. JOHN THE EVANGELIST FAMILY 14

Parents' NIGHT OUT

Saturday, May 3, 2025
St. John Church & Egan Hall

Attend the Vigil Mass together as a family, then drop the kids off at Egan Hall from 6:00 - 8:00 PM for a fun evening of pizza and a movie, while you enjoy a well-deserved night out!



Open to children in PreK to 5th Grade who are potty trained. Don't forget to bring a cozy blanket!

For more information, contact Daniel at CEFF@stjohnsea.org

Sign up to attend at: <https://bit.ly/PF14ParentNightOut>

PARISH MINISTRIES

Human Concerns & Social Justice

St. Vincent De Paul

Joyce Farrell
joycefarrell08@gmail.com

Knights of Columbus

Grand Knight Aaron Amort
aaronamort@gmail.com

St. Francis of Assisi

Paul Litwin
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Faith Formation - Youth Programs

Rachael Groark
rachaelgroark@gmail.com

Faith Formation-All other programs

Nicole Hardie
nhardie14@gmail.com

Family Rosary Group

Olga Sala
salatorra@yahoo.com

St. John School

Jonna Skokan - Dev. Director
jskokan@st-johnschool.org

PARISH FAMILY HIGHLIGHTS

At the 9 AM Mass last Sunday at St. Alphonsus Church, our Parish Family came together to pray for those preparing to be baptized at Easter during a special moment called the **Third Scrutiny**.

This simple but powerful part of the Mass helps the Elect, those getting ready to join the Church, let go of anything that holds them back from fully following Jesus. Let us continue praying for them to grow stronger in faith and closer to Christ as they get ready for their new life in Him.



PARISH FAMILY HIGHLIGHTS

HERON HABITAT VIEWING

Parish Family 14 St. Francis of Assisi Ministry organized a Heron Habitat viewing and docent commentary on Saturday, April 5, at Commodore Park on the south side of the locks.

Liz White with HeronHelpers.org helped us view herons building nests, incubating eggs, and answered our questions about these beautiful birds.



THROUGHOUT THE ARCHDIOCESE



Join us on Thursday, April 17, 1:00 - 4:00 PM, for a Tremendous Teamwork Party with St. Vincent de Paul Vancouver.

We invite local Catholics, parishes, ministries, and families to our 3rd Thursday – Tremendous Teamwork Parties! Sort clothing, fold and hang-up gently used clothing in good condition for all for our families and our brothers and sisters in Christ who are in need. For more information and to sign up, go to <https://archseattle.org/events/tremendous-teamwork-party-at-society-of-st-vincent-de-paul-vancouver-2>

Location: Society of St. Vincent de Paul Vancouver, Washington 2456 NE Stapleton Rd, Vancouver, WA 98661



Middle school and high school students and their chaperones are invited to the Teen Jubilee Service Project and Pilgrimage! This event includes activities for the Teen Jubilee, taking place in Rome from April 25 – 27. Our local celebration features a spotlight on Blessed Carlo Acutis and a pilgrimage walk to St. James Cathedral. We will also participate in the Archdiocese of Seattle's Season of Service, with two options:

Service through Outreach at Christ our Hope Church in Seattle, OR Service through Learning at Seattle University.

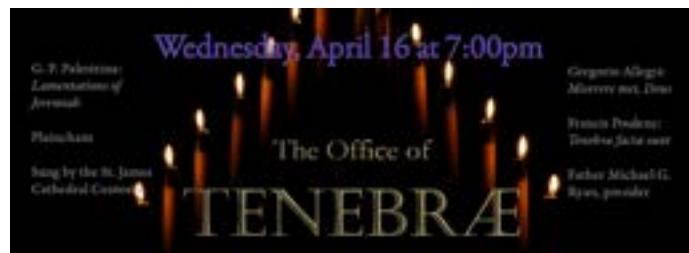
For more information and to register, go to

<https://archseattle.org/events/teen-jubilee-service-project-and-pilgrimage>



Join us for the annual Laudato Si Movement Washington Chapter Summit (formerly CCN/Care for Creation Summit) on Saturday, April 26, 2025, 9:00 am – 5:00 pm. Our theme for this year is **Pilgrims of Hope for Creation**.

Learn more and register at <https://bit.ly/LSM-WA-Earth-Day-Summit-2025-Registration>



Join us for the Office of Tenebrae on Wednesday, April 16, 7:00pm at St. James Cathedral. Learn about this unique Holy Week tradition and its historical roots at <https://archseattle.org/events/the-office-of-tenebrae-2>



Discover the incredible life of soon-to-be Saint Carlo Acutis in **Carlo Acutis: Roadmap to Reality**. This powerful new documentary film explores his life, legacy, and the impact of technology on young people today. Through firsthand accounts from family and friends, plus insights from Catholic leaders and tech experts, the film tackles urgent questions about technology's impact on humanity, holding up Carlo as a model for young people as they engage the digital world.

See the trailer: <https://carloacutisfilm.com/resources/>.

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TRIDUUM

THREE DAYS OF
COMMUNION WITH
THE LORD

THE BREAD THAT MAKES US ONE

*Because the loaf of bread is one, we, though many,
are one body, for we all partake of the one loaf.*

—*1 Corinthians 10:17*

As we partake of the one loaf, we become one body. Such is the communion that Holy Thursday invites us to embrace. This is a bold commitment, for God's people remain severely fragmented by dualistic political, religious, and economic ideologies, as if truth and right were by-products of division rather than communion. Christ invites us, not to ignore differences or compromise convictions, but to focus on our common faith, common hopes, and common Spirit in the Lord. If we do, we may yet help to answer Christ's heartfelt prayer for unity at the Last Supper: *Father, may they be one, as we are one* (John 17:22).

THE CROSS OF DISCIPLESHIP

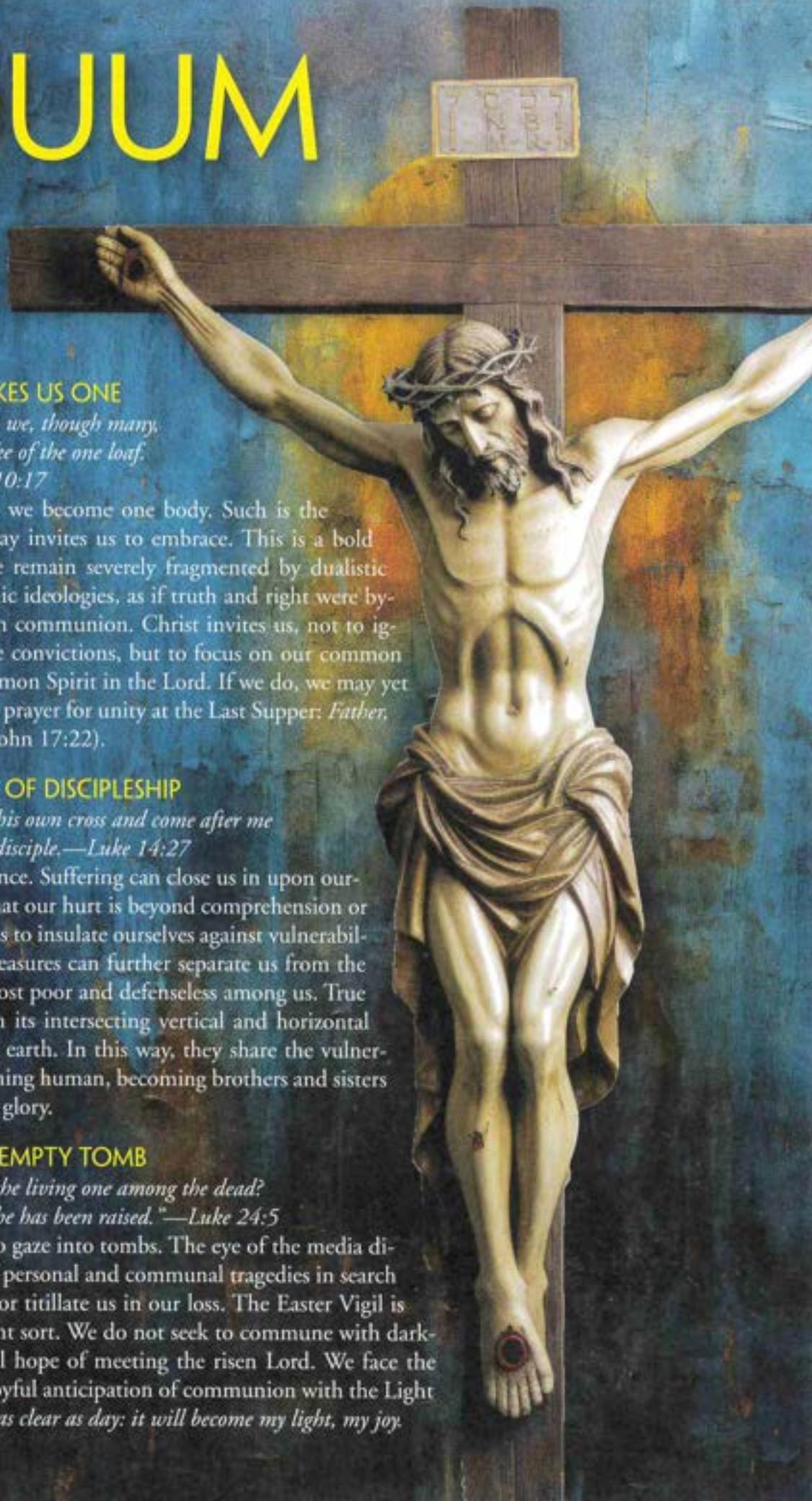
*Whoever does not carry his own cross and come after me
cannot be my disciple.*—*Luke 14:27*

Pain can be an isolating experience. Suffering can close us in upon ourselves and cause us to assume that our hurt is beyond comprehension or empathy. Pain may also tempt us to insulate ourselves against vulnerability in life and in love. These measures can further separate us from the Lord who identifies with the most poor and defenseless among us. True disciples take up the cross with its intersecting vertical and horizontal beams that reconcile heaven to earth. In this way, they share the vulnerability Jesus embraced by becoming human, becoming brothers and sisters in Christ and co-heirs to Easter glory.

THE EMPTY TOMB

*"Why do you seek the living one among the dead?
He is not here, but he has been raised."*—*Luke 24:5*

We live in a culture that loves to gaze into tombs. The eye of the media directs us to stare into the void of personal and communal tragedies in search of details to fascinate, distract, or titillate us in our loss. The Easter Vigil is a time for watching of a different sort. We do not seek to commune with darkness, but to keep vigil with full hope of meeting the risen Lord. We face the horizon singing the *Exultet* in joyful anticipation of communion with the Light of the World: *The night will be as clear as day: it will become my light, my joy.*



TRIDUUM FACTS

Most Important Liturgical Season: The Triduum is considered the most solemn and significant part of the Catholic liturgical year, spanning from the evening of Holy Thursday to the evening of Easter Sunday, commemorating the core events of Christ's Passion and Resurrection.

A Single Continuous Liturgy: The Triduum is celebrated as one unified liturgy. That's why there is no final blessing or dismissal on Holy Thursday and Good Friday until the Easter Vigil is completed.

The Mass of the Lord's Supper: Holy Thursday's Mass includes the *Mandatum*, the washing of feet, which recalls Jesus' act of service to his apostles and highlights his commandment to "love one another as I have loved you."

Veneration of the Cross: Good Friday is the only day in the liturgical calendar when Catholics do not celebrate Mass. Instead, a solemn liturgy includes the reading of the Passion and the veneration of the cross, where members can come forward to reverently kiss or touch a crucifix.

Silence and Solemnity: After the Good Friday service, the Church enters a period of silence and solemnity. The altar is stripped bare, and no sacraments are celebrated until the Easter Vigil on Holy Saturday night.

The Easter Vigil is the Longest Mass: The Easter Vigil, celebrated on Saturday evening, is typically the longest liturgical celebration of the year. It includes multiple Old Testament readings, the blessing of fire and water, and often baptisms and confirmations for new Catholics.

Blessing of Fire and the Paschal Candle: The Vigil begins with the *Lucernarium*, where a fire is lit outside the church and used to light the Paschal candle, representing the Light of Christ, who dispels the darkness of sin and death.

Renewal of Baptismal Promises: During the Easter Vigil, members renew their baptismal promises, reaffirming their faith and commitment to Christ.



COMMEMORATING THE TRIDUUM

Many parishes have Eucharistic Adoration as part of their **Holy Thursday** celebration. Spend some extra time in silent prayer before the Eucharist.

Stations of the Cross are particularly appropriate on **Good Friday**. By calling to mind the steps in our Savior's journey to Calvary, we can better appreciate what he did for us.

Holy Saturday features no morning liturgy but some parishes might gather on Holy Saturday morning for Morning Prayer from the Liturgy of the Hours. This is a good day to schedule at least one period of prayer in silence.

The Easter Vigil is a richly symbolic celebration of our belief in the Resurrection and the history of our salvation. Many parishes schedule baptisms for the Easter Vigil liturgy as a concrete representation of salvation through Christ.

Easter Sunday is the preeminent Sunday, reminding us of why we celebrate Mass and worship the Lord throughout the year. "Alleluia" is the word for the day. Sing or repeat it to yourself often as you go through the day's festivities.

THE HISTORY OF THE TRIDUUM

The origins of the Triduum can be traced back to the early Christian communities in the 2nd and 3rd centuries. Initially, Christians celebrated the entire Paschal Mystery—the passion, death, and resurrection of Christ—in a single day, known as *Pascha*. This observance, centered on the Resurrection, began on Holy Saturday evening and concluded on Easter Sunday morning, reflecting the vigil tradition of waiting in prayer for Christ's victory over death.

By the 4th century, with the legalization of Christianity under Emperor Constantine and the growing influence of liturgical practices in Jerusalem, the commemoration began to expand. Early Christian documents, like the writings of Egeria, a 4th-century pilgrim, describe distinct liturgies in Jerusalem that separated the events of the Last Supper, Christ's crucifixion, and His resurrection into different days. This separation gradually became widespread throughout the Church.

The structure of the Triduum—Holy Thursday, Good Friday, and Holy Saturday—evolved further in the Middle Ages as the Church sought to highlight each key moment of Christ's passion and resurrection. By then, the liturgical ceremonies became more defined, with specific prayers, readings, and rituals associated with each day, forming the three-day observance that Catholics recognize today.

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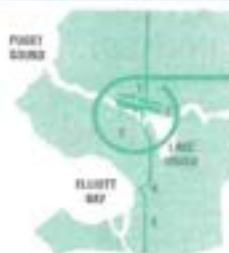
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