

HOW CAN YOU FIND CLARITY IN AN ELECTION YEAR?

The best way to get clarity is by forming your conscience. Your conscience is not something that allows you to justify doing whatever you want, nor is it a mere “feeling” about what you should or should not do. Rather, conscience is the voice of God resounding in the human heart, revealing the truth to us and calling us to do what is good while shunning what is evil.

The Church teaches that we must work to form conscience through prayer, learning, and conversation, so we can be prepared to make decisions whenever the opportunity arises.

RESOURCES

[What does it mean to form my conscience?](#)

[Forming Consciences for Faithful Citizenship](#)

[Catholic Social Teaching](#)

[USCCB website](#)



DEVELOPING A WELL-FORMED CONSCIENCE IS ONE WAY TO FIND CLARITY.



HOW TO FORM YOUR CONSCIENCE

1. Be open to the truth and what is right.
2. Read the Bible and the teachings of the Church.
3. Examine the facts and background information about various choices and be discerning in where you gather information.
4. Prayerfully reflect to discern the will of God.
5. Seek the prudent advice and good example of trusted leaders and others to support and enlighten our conscience.
6. Learn about the authoritative teaching of the Church.
7. Pray for the gifts of the Holy Spirit to help us develop our conscience.
8. Regularly partake in an examination of conscience to hear God’s voice in your life.

HERE ARE SOME QUESTIONS FOR FURTHER REFLECTION

1. When has my conscience guided me to “do good and avoid evil”?
2. What are some key resources I can use to form my conscience?
3. What do I do to regularly form my conscience? What more should I do?