

60 WAYS TO CARE FOR CREATION



Energy & Water

1. In the summer, turn off the a/c. Use a fan or open windows.
2. In the winter, turn down the heat and grab a sweater, sweatshirt or blanket.
3. Heat a single room using a space heater.
4. Install solar panels on your roof.
5. Replace gas-powered tools & appliances with electric ones.
6. Replace your energy-inefficient fridge.
7. Buy a front-load washer.
8. Replace incandescent & CFC light bulbs with LED bulbs.
9. Shorten your shower.
10. Wash your clothes less.
11. Wash your clothes in cold water.
12. Use less soap for dish & clothes washers.
13. Turn off the water when brushing teeth.
14. Turn off or unplug unused appliances, including computer monitors.



Transportation

15. Ride the bus/train to work/school.
16. Opt to work from home if available.
17. Join a carpool or vanpool.
18. Ride a bike to work / school.
19. Walk to the grocery store.
20. Walk to church.
21. Hold onto your car longer.
22. Buy a used hybrid vehicle.
23. Buy an electric vehicle.
24. Stop idling. Turn off engine when stopped.



Food & Meals

25. Use fabric napkins at meals.
26. Buy a steel/ceramic coffee mug & bring it to work.
27. Bring a steel or glass water bottle everywhere.
28. Bring reusable plates, cups, and dinnerware to picnics.
29. Eat out less.
30. Go meatless on Mondays.
31. Go meatless on more days.
32. Go vegan.
33. Buy organic.
34. Buy local.
35. Buy fair trade coffee, chocolate, etc.
36. Grow your own food.
37. Save and eat leftovers.
38. Bring your lunch to work or school.
39. Compost your table scraps.



Consumption

40. Borrow from a library.
41. Swap items with neighbors.
42. Consider renting instead of buying.
43. Refuse to buy single-use items.
44. Buy less.
45. When you do buy, buy used.
46. Donate used items to charity.
47. Keep your mobile phone longer.



Caring for Creation

48. Dispose properly of electronics, batteries, light bulbs, motor oil, & hazardous chemicals.
49. Use safe alternatives to harsh household chemicals.
50. Refuse to use pesticides in your yard.
51. Buy personal care products containing simple & safe ingredients.
52. Plant bird/bee friendly bushes & flowers.
53. Don't use pesticides.
54. Plant a tree.
55. Volunteer to clean up parks.
56. Pick up that litter.
57. Volunteer at a food bank or a shelter.
58. Use vinegar and baking soda for cleaning.
59. Adopt a pet instead of buying one.
60. Say hi to that homeless person.

Prepared by

PF14 Saint Francis of Assisi Ministry

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