



ARE YOU GRIEVING THE DEATH
OF SOMEONE CLOSE TO YOU?

JOIN OUR
MONTHLY DROP-IN

GRIEF SUPPORT GROUP

SUNDAYS, 5:30 - 7:00 PM

July 14, 2024

August 11, 2024

Sept 15, 2024

October 20, 2024

Venue: St. Benedict Parish Center

Grief and loss can have a significant impact on our lives long after the death of the person we love. The grieving process has no timeline and is unique to each individual, but meeting with others who are going through a similar experience can provide support and help us cope.

NO REGISTRATION. COME IN ONCE A MONTH.
For more information, please contact Margaret Alquist
at 206-419-4875 or margaretalquist1@gmail.com.