



fusion academy

COFFEE CHAT CALENDAR



Solana Beach

Event will be held downstairs from our campus at Ranch45

9:30-10:30 AM | Scan the QR code for more details & to RSVP

12

SEP.
2025

BACK-TO-SCHOOL & TRANSITION ANXIETY

“Beyond the First Day Jitters: Supporting Families Through School Transition Anxiety”
Dr. Louise Stanger - Youth Prevention Mentors & All About Interventions

10

OCT.
2025

ADHD AWARENESS MONTH

“Understanding ADHD: What It Is, How It Shows Up, and How We Assess for It”
Dr. Eric Weinstein - Peak Forensic Psych Services

14

NOV.
2025

GRATITUDE & GROWTH

“Rewiring Resilience: How Gratitude and Social Connection Shape the Teenage Brain”
Dr. Georgine Nanos - Kind Health Group

12

DEC.
2025

HOLIDAY MENTAL HEALTH

“Holding It Together for the Holidays: Supporting the Whole Family’s Mental Health”
Dr. Jill Cooley - Licensed Psychologist, Private Practice

9

JAN.
2026

POST-HOLIDAY MENTAL HEALTH RESET

“January: The “Monday” of Months. Finding Motivation to Begin a New Year”
Dr. Lori Rappaport - ADHD Center for Success

13

FEB.
2026

ATTENDANCE & SCHOOL AVOIDANCE

“CBT for Anxiety: Strategies and Support for School Refusal”
Kelly McCullough - La Jolla Therapy Center

13

MAR.
2026

IDENTITY, BELONGING, & INCLUSIVITY

“Visible and Invisible Differences: The Impact on Identity, Self-Esteem, and Performance”
Dr. Azmaira Maker - Aspiring Families

10

APR.
2026

STRESS AWARENESS MONTH

“Managing Stress: The Toolbox You Didn’t Know You Had”
Dr. Susan Solimine - Psychiatrist, Private Practice

8

MAY
2026

MENTAL HEALTH AWARENESS MONTH

“Let’s Talk Mental Health: Breaking the Stigma, Building Support”
Dr. DeeAnn Wong - Psychiatrist, Private Practice